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VOLUME 23, NUMBER 30

WEDNESDAY, APRIL 14, 1999

FIFTY CENTS

New karate school opens

Grand opening tentatively scheduled for May 15

By Mike Hell
 Staff writer

Tim Hillis gets a kick out of his evening job.

GRANITE CITY Many kicks, in fact. Tim is the proprietor of Marantha Martial Arts Academy, 2800 Nameoki Road. The academy's grand opening is tentatively slated for May 15.

"Everybody should watch for grand opening specials," Hillis said. "We're looking into them now. We would like to get as many people involved in the martial arts as possible."

The academy will be open from 9 a.m. to 9 p.m. Mondays through Thursdays. During morning and afternoon hours, healthy food products will be sold.

Beginning at 4 p.m. Hillis will don his black karate attire to teach Camas classes, a

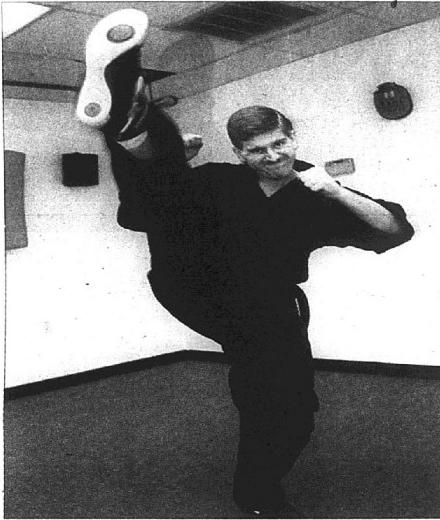
combined and Americanized martial arts styles, to children, adolescents, teen-agers and adults.

Mighty Morphin classes will be taught to children, ages 2 to 4; adolescent classes, ages 5 to 10; pre-teen classes, ages 11 to 16; and adult classes, 17 years and over. Hillis will include two private or semi-private lessons for \$15.95, uniforms included.

"Through the classes, children develop lifestyles of discipline and motivation. Adults lose weight, get into shape, become healthier and can learn to defend themselves," Hillis said.

Also slated to be taught by Hillis are Tai Chi, a modified form of the martial arts that soothes and relaxes the body; modified Tae Bo, which is good for the

See KARATE, Page 4A



Tim Stephenson photo

Tim Hillis, owner-operator of Marantha Martial Arts Academy, gets off a kick during a practice session recently. The academy, located at 2800 Nameoki Road, is slated to hold a grand-opening celebration in mid-May.

Latest fight extends rift

But County Democrats say it won't hurt jobs

By Paul Mackie
 Staff writer

The latest controversy among Madison County Democrats is an extension of last November's rift between county

MADISON COUNTY Fred Bathon and county Auditor H. Jack Frandsen, officials say.

"There is no question in my mind (this has to do with Frandsen) that he has not made any comments about the auditor since I came down to this office," Bathon said.

As treasurer, Bathon tried earlier this month to gain control over the storage of blank county payroll checks. He also had changed the heading on checks from reading "County Clerk's Office and Treasurer of Madison County" to read

"Fred Bathon." But an opinion issued Thursday by State's Attorney Bill Haine said the checks will remain in County Clerk Mary Von Nida's office, where Haine said they have been distributed for more than 50 years without any cases of scandal, that the auditor, Von Nida, also said.

Bathon's changing of the check headings cost about \$2,000. The checks no longer are usable, according to Haine.

Both Bathon and Von Nida said their disagreement on the checks was related to Bathon's criticism of County Board members and Papa's appointment of former board member Frandsen to Bathon's former post as county auditor.

"If this is a continuation of

See RIFT, Page 4A

New Tri-City YMCA building construction possible

School District property would have to be rezoned by Planning Commission before starting

By Mike Hell
 Staff writer

GRANITE CITY A new, state-of-the-art Tri-City YMCA could be constructed at

1620 Pontoon Road if the City Council and the Planning Commission rezone the property owned by the Granite City School District.

The property would have to be rezoned from residential to commercial. The Granite City

Council would then have to vote in favor of the rezoning and the YMCA would have to raise between \$4 and 5 million to make the building become a reality.

"We want to relocate our YMCA and make it a

neighborhood YMCA. By updating the status of the YMCA, it will attract people to come here and stay," said John Papa, an attorney and board member of YMCA.

Papa made the comments at the Planning Commission

meeting Thursday evening at Granite City Hall.

The new facility, according to Papa, would consist of a wellness center to be incorporated into the building by St. Elizabeth Medical Center and supervised by

SEMC.

An area of the building will be dedicated to youths 11 to 16 as a place for them to congregate so they can

See YMCA, Page 4A

Gateway Golf Links among contenders

SWIDA also cites Fairview Heights, Saugatuck developments

By Scott Cousins
 Staff writer

METRO EAST On April 29, one of three Metro East businesses will be honored as the Outstanding Development of the Year.

The three finalists for the award, started last year by the

Southwestern Illinois Development Authority, are Gateway National Golf Links in Madison, Lincoln Place Shopping Center in Fairview Heights, and Budget Business Park in Saugatuck.

The award will be given at a luncheon hosted by SWIDA Thursday, April 29, at Gateway Center, Crystal City. SWIDA is a quasi-governmental agency which promotes

economic development and cooperation between the public and private sectors.

The speaker will be Pam McLaughlin, director of the Illinois Department of Commerce and Community Affairs. The luncheon will begin at noon.

The award is given to a private development in Madison or St. Clair counties that became operational during

the 1998 calendar year and that had, or is expected to have, significant public benefit.

Alan Orthals, executive director of SWIDA, said the award is important because it shows private investors that the region appreciates what they do.

"We wanted to show our

See SWIDA, Page 4A

Granite City Journal

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Fairmont City OKs pact

Agreement will settle boundary disputes

The Fairmont City Village Board has followed Madison in approving an agreement that will settle boundary disputes between two municipalities and the St. Clair County State's Attorney's Office.

The agreement will be submitted to the court to dismiss a lawsuit filed by the state's attorney's office over

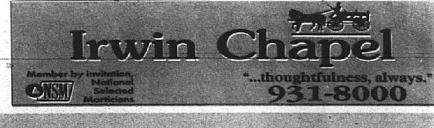
annexations by Madison.

Alex Bregen, Fairmont City mayor, said the agreement "is something that all sides can be happy with." It will pave the way for development by both municipalities in the area around Stockyards and Gateway International Raceway.

The Great Outdoors

Karen Nolan, a fourth-grader at Niedringhaus Elementary School, and Nichole Woodruff, a third-grader, play some tetherball on the school's playgrounds during a recess recently. Warm springtime weather in the area lately is helping residents get rid of their cases of cabin fever.

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Check flap just latest County political rift

Continued from Page 1A

that feud, it's another example of Fred wanting to expand the role of the office he holds at any given time," Von Nida said. "He couldn't control Jack (Frandsen), and that upset him."

Although Von Nida said the recent sniping between Democrats hasn't really affected the business of county government, Haine said Bathon should know basic procedures.

"All this personal-attack business doesn't have any place in county government. (The checks) had nothing to do with Frandsen's appointment. (Bathon's) going to have to learn to obey the law," Haine said his 12-page

opinion has nothing to do with his friendship with Von Nida, who has worked on Haine's three election campaigns for the office he now occupies.

"I was a friend of Fred's many years before Mark was even in county government," Haine said.

While the business of government might not have been affected greatly, Bathon and Von Nida have not spoken since a series of heated exchanges last week.

"I don't look forward to running into Fred in the hallway. That's the honest truth," Von Nida said.

Von Nida did not avoid Von Nida and said he had spoken to the county clerk several days ago in an effort to form some dialogue.

Several county officials have said they think the entire

check issue has been "about control" and "petty."

"That's their opinion or the matter," Bathon said. "I have the right to take action, and I did that in this process."

Papa said the matter will be discussed Thursday by the board's Finance Committee. In the meantime, the office door is open to county officials who have concerns.

"I don't notice any coldness (by Bathon) because I don't see him. I haven't seen him since (April 1)," Papa said.

Von Nida said it may take some time to heal, but he believes the issue eventually will be resolved.

"It's really important for us to be professional and interact on the same level. We don't have to be friends to do our jobs," he said.

New area YMCA could be constructed

Continued from Page 1A

socialize and become educated through computer services and other communication means, much like the old Teen Town.

The area, Papa said, would be staffed by people who would assist the youth and adults to succeed.

Papa went on to say that the state-of-the-art facility, consisting of about 50,000 square feet, would be complete with a gymnasium, basketball courts, baseball courts, locker rooms for men, women, boys and girls and administrative offices located in the center of the building.

Other features would include a pool with eight lanes, 25 yards in length; an auxiliary pool for aquatic areas to be used for exercise purposes; and multi-purpose rooms to be used for baby-sitting and meetings.

"We want this to be a facility that the community can be proud of and which will serve the community very well," Papa said.

Papa also told the commissioners, as well as a group of people who attended the meeting who live in the area where the YMCA would be constructed, that the department had been made known to the YMCA board to ensure that the building would be completely compatible to the surrounding neighborhood.

Papa said the building would be located as far away from residential areas as possible, would have a green space area and a run-off system. Flooding would not be a problem and would have a berm that would offer some site protection for the residents.

"The YMCA, who uses the facility, he said, could not enter it through residential areas. He did say that, however, that he would like to see residents in the area use the facilities as well as everybody in Granite City.

"We would like to see you there on a regular basis. This facility is for Granite City and its future," Papa said.

New karate school opening in mid-May

Continued from Page 1A

cardiovascular system; and a women's violent crime karate class, that will be taught free of charge.

"The violent crime class for women is designed to assist smaller, more vulnerable victims to overcome a larger, aggressive attacker," Hillis said.

Hillis, 28, is a third-degree

black belt. He was introduced to karate at the age of 4. His father, Hillis said, taught him defense, and he participated in point-style tournament karate.

With nearly 25 years' experience in the martial arts and having spent the past 10 years studying kinetics,

physiology, fitness and sports nutrition, Hillis said he has been able to modify many traditional karate techniques to make them more effective.

"I researched body mechanics and physiology. For example, I applied kinematics and physics to better understand how to line up joints to make the techniques more powerful with maximum effort for maximum gain," Hillis said.

Hillis added that he will soon take an exam through the American College of Sports Medicine to be certified as a Health and Fitness Instructor.

Gateway Links nominated for award

Continued from Page 1A

appreciation for the private sector parties that do those things, and we wanted to enhance Southwestern Illinois' image as an area that appreciates development," Orbals said.

"The award is not for the biggest, brightest or most expensive. It's for a private development that has the greatest impact on the area. It either created jobs, created a lot of tax base, or went into a situation that few others were willing to go."

Gateway Links, an 18-hole, bent-grass fairways golf course, including clubhouse and other amenities — opened in May 1998 next

door to Gateway International Raceway.

Developers put \$8 million into the course, the only one of its kind in the St. Louis area.

Lincoln Place Shopping Center opened for business in July 1998 and includes

Lowe's Home Improvement Center and Chili's and Lone Star restaurants.

The newest development has increased Fairview Heights' tax base by \$6 million, created more than 300 new jobs and will generate more than \$65 million in sales.

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Kitchen band entertains SEMC patients

By Mike Heil
Staff writer

Extended care patients at St. Elizabeth Medical Center received a treat last Thursday as they listened to a half-hour's musical rendition of old-fashioned songs by Joyful Noise.

The 28-member kitchen band, consisting of gentlemen in their mid-70s, performed in front of 20 wheelchair patients using so-called musical instruments consisting of egg beaters, rolling pins, pie pans and washboards.

The kitchen music was accompanied by a pianist, who played several songs, one of which was "In The Good Old

Summertime." The convalescing patients performed as well as they used kitchen utensils to bang and beat to the music.

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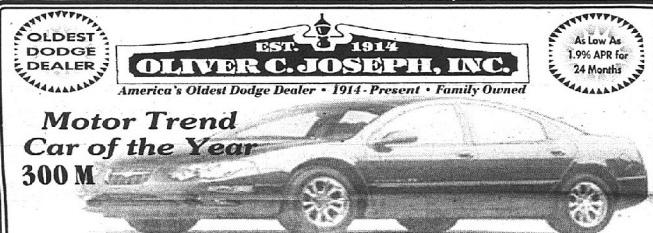
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Obituaries

Lester Hester

LESTER E. HESTER, 70, of Granite City, died Tuesday, April 6, 1999, at St. Elizabeth Medical Center in Granite City.

Survivors include his daughter, Donna Spanburger of Albany, Ga.; two sisters, Marion Hamm of Alton, Ky., and Nedra Waters of Johnston, Tenn.; one son, Royce Lester of Bunker Hill; three grandchildren; and two great-grandchildren.

Services were held Saturday, April 10, at Thomas Memorial Mortuary in Granite City, with the Rev. James Morris officiating. Burial was in Sunset Hill Memorial Estates, Glen Carbon.

Memorials may be made to the American Diabetes Association.

Virginia Johnson

VIRGINIA L. (LUTHER) JOHNSON, 81, of Granite City, died Friday, April 9, 1999, at St. Elizabeth Medical Center in Granite City.

Mrs. Johnson was born March 22, 1918, in Litchfield. She was a homemaker.

Survivors include her daughters, Betty Oliver of Piedmont, Mo., and Shirley Flaugher of Granite City; two sons, Lester Johnson of Madison and David Johnson of Granite City; 11 grandchildren; and five great-grandchildren.

Mrs. Johnson was preceded in death by her father, James Kostoff.

Services will be held at 10 a.m.

today, Wednesday, April 14, at Holy Trinity Bulgarian Eastern Orthodox Church, with the Rev. Peter Stavropoulos officiating. Burial will be in St. John Cemetery in Granite City. Visitation may be made to Holy Trinity Bulgarian Eastern Orthodox Church.

Memorials may be made to the American Diabetes Association.

Jimmy Kostoff Jr.

JIMMY THE GREEK KOSTOFF JR., 50, of Madison, died Sunday, April 11, 1999, at his residence.

Mr. Kostoff was born Oct. 24, 1948, in Madison. He was a laborer for Laborers Local 179 of Edwardsburg, Mich., and a Shrine maker and a member of Niedringhaus United Methodist Church, AACR, Granite City Chapter, 1340 W. Monroe St., Granite City, Harmony Class and Sarah Circle.

Survivors include his wife, Jeanette Kostoff of Madison; two sons, James and Michael Kostoff; one daughter, Christine Kostoff of Collinsville; one stepson, William Begis of Clinton; two brothers, Charles Kostoff of Webster, Mo., and William Kostoff of Monroe City, Mo.; one sister, Hope Hunt of Sherman Oaks, Calif.; 10 grandchildren; 28 great-grandchildren; and five great-great-grandchildren.

She was preceded in death by her husband, Harold Lynn, whom she married April 28, 1962.

Services will be held at 10 a.m.

today, Wednesday, April 14, at Niedringhaus United Methodist Church, 1311 20th St., Granite City, with the Rev. Gary Motta officiating. Burial will be in Sunset Hill Memorial Estates, Glen Carbon.

Memoirs may be made to Nied-

ringhaus United Methodist Church.

Mercer Mortuary handled the arrangements.

Mary McFadden

MARY C. (STOCKMAN) MCFADDEN, 68, of Granite City, died Sunday, April 11, 1999.

Ms. McFadden was born March 19, 1931, in Brilliant, Ala. She was a homemaker.

Survivors include her husband, Paul McFadden Sr., whom she married May 12, 1965; her children, Larrie, Gary, Ronald, Gregory, Barbara, and Linda; her stepchildren, Michael McFadden of Cahokia; Richard McFadden of St. Louis; and her grandchildren, son and Paula Bricker, both of Cahokia; one brother, James Cagle of Granite City; five sisters, Margaret, Irene, Helen, Madeline, Martinez, Jean Stockman, Anna Stockman and Gwen Freeman, all of Granite City; 10 grandchildren; and two great-grandchildren.

She was preceded in death by her parents, Peery and Lula McFadden; her brother, Terry Stockman; and two half-brothers, Ray Stockman and Leo Stockman.

Visitation will be held from 4 to 8 p.m. today, Wednesday, April 14, at Niedringhaus United Methodist Church, 2205 Pontoon Road, Granite City.

Services will be held at 1 p.m. Thursday, April 15, at the funeral home, with the Rev. Ray Marshall officiating. Burial will be Valley View Cemetery, Edwardsville.

Memoirs may be made to the American Heart Association.

Anna Morris

ANNA (DAIANA) MORRIS, 86, of Granite City, died Saturday, April 11, 1999, at Colonial Care Nursing Home in Granite City.

Mrs. Morris was born Dec. 30, 1912, in Granite City. She was a

homemaker and a member of Holy Family Catholic Church.

Survivors include her children, Janet Partney and William Morris, both of Granite City; a brother, Joseph Diak of Glen Carbon; Albert Diak of Granite City and Rudy Diak of Edwardsville; four grandchildren, Alexander, Brian, Ballard and Douglas; David Partney and Denise King; and two great-grandchildren, Alexandra and Briar King.

She was preceded in death by her husband, William Morris; her parents, Andrew and Helen (Konrad) Diak; two sisters; and five brothers.

Visitation will be held from 4 to 8 p.m. today, Wednesday, April 14, at Niedringhaus United Methodist Church, 2205 Pontoon Road, Granite City.

Services will be held at 1 p.m. Thursday, April 15, at the funeral home, with the Rev. Ray Marshall officiating. Burial will be in Calvary Cemetery in Glen Carbon.

Memoirs may be made to the piece of Madison County.

Charles Ruth

CHARLES E. RUTH, 85, of Granite City, died Saturday, April 10, 1999, at St. Elizabeth Medical Center in Granite City.

Mr. Ruth was born June 13, 1913, in Granite City, and was employed by the Illinois Central Railroad Corp. as a maintenance foreman. He was a member of Holy Family Catholic Church, a soccer coach and a Boy Scout leader. He was active in the Black Knights Drifts and Bugle Corps. Mr. Ruth was a U.S. Army veteran, having served during the Korean War.

Survivors include his wife, Joan (Gable) Ruth, whom he married Sept. 10, 1940; his stepdaughter, Lyn Ruth of Glen Carbon; his children, Leah Wells of Murray, Ky., Charles

Ruth of Marvella, Robert Ruth of Asheboro, N.C., and Mary Ruth of Granite City; and six grandchildren.

He was preceded in death by his parents, John and Elsie (Sordt) Ruth; one sister, Shirley Ward; and three brothers, Junius and Gene Weller and Harry Ruth.

Services will be held Tuesday, April 13, at Holy Family Catholic Church in Granite City, with the Rev. Michael J. O'Leary officiating. Burial was in Jefferson Barracks National Cemetery.

Memoirs may be made to the American Diabetes Association.

Elizabeth Struckhoff

ELIZABETH STRUCKHOFF, 75, of Granite City, died Friday, April 9, 1999.

Mrs. Struckhoff was born June 17, 1923, in Granite City, Ill. She had been a checker at Scherer's Grocery Store and was a member of Holy Family Catholic Church.

Survivors include her husband, Melvin Struckhoff, whom she married Sept. 9, 1947; one son, Charles (Pappy) Struckhoff of Granite City; Frances Platcan of Madison and George Platcan of Moline; one sister, Shirley (Struckhoff) Koenig of Granite City; and three grandchildren, Jackie Paul, and Chip Papp; and two great-grandchildren, Robert and Jason Paul.

Services were held Monday, April 12, at Holy Family Catholic Church in Granite City, with the Rev. Bill Fisherkeller officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memoirs may be made to Holy Family Catholic Church, to the masses or to the church.

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Michigan eighth-graders take on the market — and win big

It's always gratifying to see people benefit from investing in the stock market — but a 10,000 percent return?

That's what a group of eighth-graders achieved in merely three months of stock trading.

Of course, eighth graders can't invest directly in the stock market. This was the CNB/MIWORLD Student Tournament, and the winners were members of the Investment Club of Port Huron South School in Port Huron, Mich.

An amazing feat to turn a hypothetical \$10,000 investment into \$1 million in three months. What's even more interesting is how they did it.

The contest allowed a few considerations that most investors don't enjoy. The \$1 million result was without brokerage fees or taxes. The



Jeff Prosser

For example, one guideline was to invest in companies that affect our lives positively. They also selected stocks in promising industries where most companies in the sector would probably benefit. They learned that large companies with a diversified product line are especially attractive as new products.

The students also looked for companies with strong foreign exposure, making sure such exposure had a positive impact on profits. Two of their favorite sectors were pharmaceuticals and telecommunications.

The students were not long-term investors, but they realized the importance of buying shares at the right time. They looked for reported developments, good and bad, that might give them reason to buy or sell.

The students also compared

their opinions with those of the experts to learn what they didn't know. If they found more "hold" or "sell" than "buy" recommendations on stock, they re-evaluated their decision.

The students did a lot of research, much of it on the Internet. They tracked Reuters and Business Wire online and were able to obtain volumes of information on the Web, from current valuations to historical charts.

They also read *The Wall Street Journal*, looking for ideas about companies when a new item caught their eye; they'd research the company's financial health and prospects.

Television helped, too. When they saw an impressive CEO being interviewed, they looked into his company.

Granted, these students used imaginary money and they didn't have the benefit of

professional advice. Investors would be better-advised to enlist the help of a competent investment representative.

In addition, they took risks. We'd like to thank the students who took risks and lost in these competitions only because they didn't try to find a new method to beat the market.

They followed time-tested

principles of what to look for in a stock investment. They may have used new tools like the Internet, but they followed the old rules — and won.

Jeff Prosser is an investment professional with the Granite City office of St. Louis-based investment firm Edward Jones.

SIUE fee increases presented to Board of Trustees; hall fees also hiked

By Dennis Grubaugh
Staff writer

A series of proposed fee increases were presented at Thursday's meeting of the Southern Illinois University Board of Trustees in Springfield.

The increases, all for the Southern Illinois University-Edwardsville campus, are to be acted upon

students invested imaginary money, so they took more risks than most investors would. And they traded often, sometimes several times a day.

But the way the students picked stocks is worthy of sharing: They followed the same criteria any astute investor would.

by the board at its meeting next month. University spokesman Keith Nichols said None would take effect before the summer of 2000.

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Sports

Three Independiente teams win Pre-Easter Classic titles

All three Independiente F.C. teams entered in the Pre-Easter Classic Soccer Tournament on March 27-28 at Horseshoe Lake State Park took home first-place trophies.

The teams, coached by Chris Digirolamo of Collinsville, combined for a 13-0 record.

The Independiente under-17 boys team earned the title by winning all five of its games. It won its pool with victories against Athletic Premier of St. Louis (1-0), FC United of Champaign, Ind. (5-1) and Red, White and Blue SC of Chicago (5-1). Independiente then defeated Bavarian SC of Milwaukee 4-1.

The team advanced to the semi-final stage, where it handled the Gateway Strikers their first loss since December with a 2-1 victory.

Bavarian SC's James (O'Fallon) led a balanced scoring attack with six goals, followed by Justin Judisak (O'Fallon) and Sean Ackley (Fairview Heights).

Heighton, with two apiece, and Jeremy Cappotelli (Collinsville), Steve Friedrich (Columbia), Jay Haines (Belleville), Mike Karpowicz (Edwardsville), Joe McElroy (Collinsville), Mike Schaeffer (Fairview Heights) and Tim Terrell (Swanson) with one each. Andy Choate (O'Fallon) led the team in assists with three, while the starting Independiente defense was anchored by Steve Ellis (O'Fallon) and Jason McGroarty (O'Fallon) in goal.

At the bottom of the goal, John Batten (Columbia) was a sweeper and Robby Lujuge (O'Fallon) and Chris Mertz (Granite City) at fullback.

The Independiente under-16 boys team won the division by winning all four games it played. It advanced to the finals by defeating ISL Pride of Springfield (1-0), FC United of Fairview Heights (3-0) and Rowdies of Central Illinois (2-1). Independiente then faced the Rockers, out of Wisconsin, in the finals. The game was tied 1-1 after regulation and two overtime periods.

Independiente won 3-1 on penalty kicks on goals scored by Adam Burt (Edwardsville), Blake Redman (Collinsville) and Johnny Lusic (Granite City).

Goal-scorers in pool play were Redman with three and Burgess, Tim Roethemeier

Althoff ends Tigers streak at 49 wins

By Greg Shashack
Staff writer

A day after narrowly averting defeat, the Edwardsville Tigers saw their 49-game winning streak halted at 49 games with a second-game loss in a doubleheader with Belleville Althoff.

After extending the streak to 49 with a 10-5 victory in the opener, Althoff rallied for three straight wins, culmed in the reliever Jake Schutte and held on for a 6-5 victory in the second game at Longacre Park in Fairview Heights.

Edwardsville, which now owns the state's two longest prep baseball winning streaks at 64 and 49 games, improved to 10-1 on Sunday with a win against Jerseyville at Busch Stadium. The Tigers then lost to O'Fallon on Monday in non-conference action.

Althoff suffered its first loss of the year and stood at 41 following the doubleheader.

"I think our players, maybe in the back of their minds, were thinking about the streak," Edwardsville coach Mr. Funkhouser said. "But it's been great credit to our players that they didn't get caught up in putting extra pressure on themselves, that they've got to stay focused."

I have noticed any of that. We're always going to come with the same approach each game. We didn't beat ourselves today. Althoff beat us."

Edwardsville faced a 5-1 deficit to beat Roxana on Friday, and Althoff did the same thing in their loss Saturday. Andrew Honegger doubled with two outs and scored on Matt Bogle's single to cut the Crusaders lead to 6-5. The pitcher Brad Beatty struck out Tigers cleanup hitter Nick Seibert to preserve the victory.

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Sports

Granite City posts two wins, impresses coach with progress

Continued from Page 1B

were dealing with Easter vacation, just like the boys program. It just shows that our girls are continuing to improve. With less athletes available, we scored more points a little further down in the season. It shows that the kids we have are improving every year. Again, we had seven firsts and 10 second places. It's the high number of quality finishes that is the key to the recent victories for the girls.

"We think the girls are probably performing better as a team than the boys," Briggs added. "But the boys still have more depth. The girls are getting more top finishes out of the places that we have. And the girls and a couple of them can compare the two programs, but right now our girls are winning. They have won the last three meets in a row and four out of five so far this year, so you have to give them a lot of credit. They are showing up at the meets and they are performing the way that they are supposed to and getting good results."

Gene Briggs
Granite City coach

The Warriors should get a sharper picture of where they stand in the next week as they face some of the stiffest competition in the area.

"We have some big meets coming up,"

Briggs said. "Not only the Tiger Relays (today at Edwardsville), but also the Panther

Right now our girls are winning. They have won the last three meets in a row and four out of five so far this year, so you have to give them a lot of credit. They are showing up at the meets and they are performing the way that they are supposed to and getting good results."

Invitational on Saturday (at Jerseyville). Those are quality varsity meets where we will find out if we really are any good or not. That will give us a real good gauge of where both teams are standing and I think the next couple of weeks are really going to tell us where we are at. Right now we have a real positive attitude. We know that the hard work is paying off for us. We are just going to continue coming up with great results in the time and hope it pays off in the track meets."

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Warriors sweep Cahokia

Continued from Page 1B

Brantley got a taste of varsity for the first time and were victorious.

"Because Cahokia's program isn't as strong as it has been, all of these guys got their very first varsity matches and first varsity wins," Lobdell said. "We were really happy about that. It's always good for them to have a little experience at the varsity level."

The Warriors are 1-1. "It was really windy, but it went real well," Balcer said. "All of the guys got to play and we won all the matches."

"We did a lot of things wrong (against Cahokia) and still managed to win," Lobdell said. "I told them that we would rather learn while winning than while losing."

Allen Lobdell
Journal employee

to hit the ball under pressure, when the match gets tight. We didn't do that well against Cahokia, but most of them did. At the end, I hope that those lessons-

continue and carry over into our next matches."

Granite City played

Edwardsville on Monday

and will head to Roxana 4 p.m. today.

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All-Journal Class AA club hockey team

First team

Joe Ditch, Collinsville: The senior led the Mississippi Valley Club Hockey Association with 30 goals during the regular season. He finished third in the overall scoring race with 48 points.

During the playoffs, he netted at least one goal in each of the Kahoks' postseason games. "He plays all aspects of the game well," Collinsville coach Dave Warkell said. "He's just an excellent player. He's a smart player. He knows where to go. He knows what to do with the puck when he gets a hold of it. He's also an unselfish player. His assists (18) are right up there, also."

Bobby Meszaros, Granite City: The junior ended the MVCHA season with 26 goals and 20 assists, including six goals in one explosive game against Roxana.

Last season as a sophomore, Meszaros led the MVCHA Southern Division in scoring and helped the Warriors earn the MVCHA championship.

His team won the North Division regular-season title this year but lost in the quarterfinals of the playoffs.

Meszaros teamed with Dustin Wesley and Jared Brown to form one of the most potent lines in the Northern Division. The trio accounted for 35 goals and 46 assists — 47 percent of the Warriors' total.

"Bobby is the leader of this team," Granite City coach Paul Solberger said. "He's got just oodles and oodles of ability. He's a good head's up hockey player. Bobby is one of the premier players in the league, and when Bobby gets hot, there is no one else in the league that is not a team in the league that can stop him."

Nick Gedris, O'Fallon: He was second on the team in scoring behind Ryan McKinney. Gedris finished the regular season with 42 points (18 goals and 24 assists), which was fourth best in MVCHA Class AA.

Zach Robinette, Edwardsville: The senior captain was a four-year starter for the Tigers. He helped the Tigers limit opponents to an average of 15 goals per game this year.

He was one of the regular-season MVCHA leaders in scoring for defensemen with 12 points — two goals and 10 assists.

"He was our captain. He played on the power play and killed penalties," Edwardsville coach Mike Gering said. "With the goaltending being so good at the varsity level, scoring goals can be tough to come by. He has the ability to set up plays with was a big part of our success."

When Zach was on the ice at even strength, we always had the opportunity to score. He was so good at the transition game and getting the puck out of our zone."

McKinney lifts O'Fallon to MVCHA title

Continued from Page 1B

mosquito off the crossbar from 50 yards away."

As a senior, McKinney led the MVCHA in regular-season scoring with 45 points (26 goals and 23 assists) in 20 games, missing two games with a slight concussion. He also led the league in playoff scoring with 17 points (six goals and 11 assists).

As a sophomore at Belleville East, McKinney led the MVCHA with 45 points (including the playoffs). As a junior, he has scored 24 points to tie the Granite City's Bobby Meszaros for the MVCHA Southern Conference lead.

At 5-foot-6 and 130 pounds, McKinney is a league's smallest players. But he makes up for his lack of size with a combination of skill and intensity.

His skating ability has always been very good. He reads the ice so well," said Mark McKinney, Ryan's father and East's head coach. "I've coached him since he was 9 and I've always emphasized teamwork. He knows he's going to get hit, but he uses his speed and skill to set up other people."

"He has a knack for offense, which is very hard to teach. He's always thinking out on the ice. Even when he has the puck, he's moving in full stride, he's looking around to see if somebody is coming up with him."

"He's improved anything in the last couple years. It would be his defensive ability. He's backchecking a lot better and he doesn't overhandle the puck."

After coaching his son in youth leagues and two seasons of high school hockey, Mark McKinney had to get used to seeing his son play for a league's rival this season.

"It was a strange situation, but who else besides myself knows the few weaknesses Ryan had?" Mark said, laughing. "We were impressed Ryan this year, but with the young team we had, we were developing for the future."

"I'm very proud of him as a father and as a coach and I'm sure he's happy with what he accomplished this year. Ryan helped O'Fallon, but they already had a very good team that was loaded with pretty much depth. Having an experienced goaltender like Mark Power helped a lot."

Bobby is one of the premier players in the league; and when Bobby gets hot and has a good night, there is not a team in the league that can stop him."

Paul Solberger
Illinois Warriors coach
on Bobby Meszaros

Dave Schreyer, Cahokia: The junior defenseman was among the regular-season leaders in scoring for defensemen with 16 points — nine goals and seven assists.

"He's had a great year, especially as far as offense," Cahokia coach Robert Whitesell said. "His output for a defenseman in 22 games was

Garrett Peek, Belleville West: The senior defenseman was a three-year starter for the Maroons and was the team captain this season.

"He's not the biggest hockey player in the league, but he's a rough and tumble player," West coach Mike Morgan said of Peek. "He doesn't back down to anybody and he loves to play the body. Sometimes a big hit can change the momentum in a game and Garrett always tries to set the tone for the rest of the team."

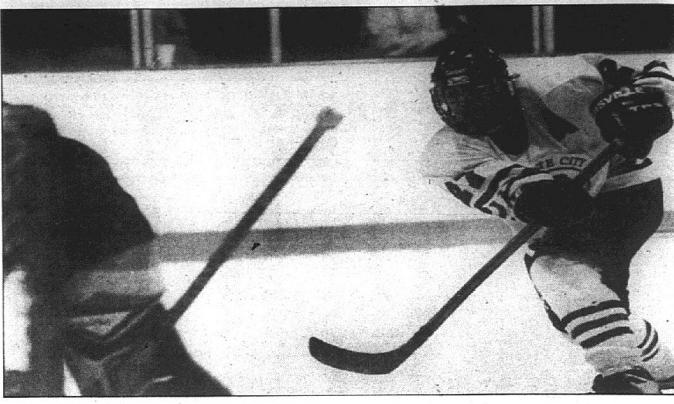
Also, he's a very smart soccer player who reads the play well. He can take the puck from behind his own net and skate end to end with it. He does an outstanding job of keeping people from in front of him," Morgan said.

Billy Canfield, O'Fallon: The senior goaltender led the Panthers to MVCHA Class AA championship with a playoff run similar to his regular-season success.

In six postseason games — including a 7-2 decision in the final against Civic Memorial — Power limited opponents to just 12 goals, or 2.00 goals per contest.

Second team

Nathan Mueller, Collinsville: Carl Coleman, Edwardsville, Eric Georgeff, Edwardsville, Joel Leiker, O'Fallon, Dustin Wesley, Granite City, Duke St. Cipriano, Patrick Orr, Althoff, Brandon Murphy, Collinsville, Matt Smith, O'Fallon, Billy Canfield, Granite City, Andy Gonzalez, Althoff, Lee Bonnion, Belleville East, Pat Bourne, Belleville West.



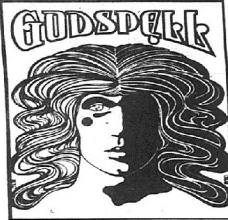
Illinois Warriors junior captain Bobby Meszaros ended the 1998-99 MVCHA regular season with 26 goals and 20 assists and was one of the league's leading scorers for a second straight season. He score six goals in one game against Roxana and helped the Warriors capture the MVCHA North Division regular season title.

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Granite City claims sixth place in Alton Relays*

By Rick Broome
Staff writer

Granite City up 75 points at the Alton Relays last Thursday, good for sixth place

**BOYS
TRACK**

out of nine teams.

Sixth

may not sound like much of an accomplishment, but the Warriors showed diversity by placing in a variety of events among a limited field of teams.

"East St. Louis won the meet. We placed in a lot of events, so the team depth was decent," Granite City coach

Atkins places first in 1,600, helps sprint relay win

Gene Briggs said. "There weren't that many high places, so that's why we ended up sixth. But we had a high number of points to finish sixth." He could have had some of our places a little higher in the standings the points would have gone up dramatically and we may have been little further up in the standings. But it was a solid sixth. We certainly aren't disappointed."

The sprint medley team was the only relay squad to finish in first place. The 4x1,600 relay team took third. The distance medley, freestyle 800 medley and freestyle 4x400 relay teams finished in fourth place. The 4x300 relay team and freestyle 4x400 relay teams took fifth. The 4x100 relay team placed sixth and the 4x400 relay team seventh.

Jason Eviden grabbed sixth and Joe Laird seventh in the

discus. Earl Clark took fourth in the triple jump. Steven Schroeder took fifth in the 110 and 300 hurdles.

"It was Easter vacation and we had a number of athletes who weren't available because of Easter break, being out of town," Briggs said. "We went with what we had remaining. There were more than the usual lot of relays, so it requires a lot of athletes. We felt that we did cover things pretty well,

placing in most events, showing some team depth. Even without all of our front-liners, we still showed the times and quality. We were pretty happy. Some of the individual performances were pretty good, we got a chance to see a lot of our younger people in the varsity level and we found out that some of them are certainly capable of moving up before the end of the season. We were satisfied with the two first places and the quality competition that we were running against."

Kevin Atkins had an especially successful day at Alton. Atkins not only part of the sprint medley team that captured first place, but he also took top honors in the 1,600 meters, lowering his season-best time to 4:38.5.

The comment I had made earlier this year is that he was running against "

performing well for early in the season," Briggs said. "And now we are heading into the middle of the season and his times are dropping. That's what we expected. The fact that he was running so well so early, when the times dropped, they are really good times. Right now, this is one of the best times in the mil in the area, if not the best. I don't know who else has run faster than that. So he is beating everybody else, which is a good compliment. So right now he is right where we want him to be."

"Overall it was a good meet for us, we have a lot of good kids that got a chance to participate. It worked out well."

East St. Louis rolled up 209 points to wing its way to the championship. Edwardsville finished in a distant second with 118 points. Belleville East was third with 101 points and Alton pulled in at fourth with 92 points. Collinsville (76) placed just ahead of Granite City (75).

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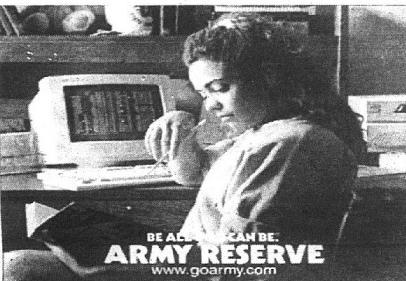
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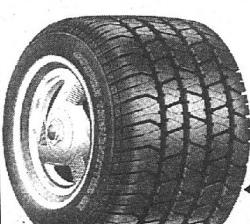
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Entertainment

Woodstock worsens 'Moon'

By Brian Kaller
Staff writer

"A Walk on the Moon" contains bittersweet, wonderful scenes that deserve a better movie. The sum of which family in the summer of 1969 is perceptive and interesting when it deals with all the supporting characters, but the main plot leaves much to be desired.

REVIEW
Diane Lane stars as Pearl Kantro, a young Jewish wife whose whole life has been spent raising her two children, Allison (Anna Paquin) and young Daniel (Bobby Boorbo). Her husband, Marty (John Schreiber), works as a TV repairman, and since this summer everyone wants to see Neil Armstrong walk on the moon, he is so busy he can only join the family on weekend shopping for blouses.

Meanwhile, Allison is transforming from a naive, happy mother's eyes into a teenage Hostie and heedless, she hooks up with a girlfriend in camp, fancies a boy her age, and often steals away with friends into the woods.

As the summer begins, the family piles into their overloaded car for their annual vacation in an upstate New York campsite. All their friends and neighbors seem to come along, as though the whole Jewish neighborhood picks up and relocates for the summer. The wives and mothers stay and watch the children at the lakehouse bungalows, and the husbands commute from the city.

The little kids play and swim, the teenagers sneak off into the woods to experiment, the grandmother reads Tarot

cards, and tea leaves for her neighbors and the wives play Mah Jong to pass the warm days. The camp is visited by condescending teachers and salesmen announced over the PA: "Attention everyone, the knish man is on the premises."

But for Pearl, who had her daughter at an early age and missed out on youth, this summer is the culmination of a little frustration and discontent. When the handsome blouse man, Walker Jerome (Viggo Mortensen) comes to visit one day, Pearl literally bumps into him, and soon she finds herself more and more often shopping for blouses.

The movie is transforming from a naive, happy mother's eyes into a teenage Hostie and heedless, she hooks up with a girlfriend in camp, fancies a boy her age, and often steals away with friends into the woods.

The movie spends a great deal of time on the intimate details of the families' lives, and many characters are like bittersweet gems. The scene where Marty tenderly explains to his daughter what happened the night she was conceived. Or the scene where the grandmother describes her son's desire to be a scientist, and how he gave it up to take care of his unanticipated family.

There's a good movie in here somewhere. Unfortunately, these scenes are the background for the more problematical.

The movie ends as at every turn to cast our sympathies with Lane's character, but it's difficult to root for someone who quickly betrays her sweet nature and who abandons her children several times, and who generally seems to have no likable characteristics other than to engender pity.

Schreiber's character is much more sympathetic, and his pain feels real and heartbreaking.

"A Walk on the Moon" is almost worth recommending for memorable moments with this family, reminiscent of a summer camp version of "Raiders of the Lost Ark." As the movie gets to the main story, the less satisfying it becomes. If you're curious, wait for the video.

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Horoscope

WEDNESDAY, APRIL 14. The moon breaks into the realm of Aries early this morning, beginning a fresh cycle of growth. Your vision will be new, opening the start gate for changed attitudes and better relationships with others.

Challenges will test our resolve and sharpen our skills. This afternoon, you may as well accept adversity, as it cannot be avoided.

TODAY'S BIRTHDAY (April 14). The world could not be more supportive of your work or talents at this point in your style. Moves are luckiest in the next seven weeks.

Concentrate on getting your name out to a wider audience next week. You have a natural result from good press.

Singles find love while traveling in August. Pisces makes good on promises.

Virgo will not give up in the pursuit of your attention.

ARIES (March 21-April 19).



Joyce Jillson

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Self-discipline is crucial for financial success. Business transactions are extremely profitably now.

An old lover lingering

desires are revealed. Singles

meet prospects whilst

patronizing charities, or the arts.

TAURUS (April 20-May 19). Surprising news is revealed in a late forecast. If you desire it, old friends will welcome you back with open arms.

Pay close attention to who is

good for you and who is not. You and a distant lover may be growing apart.

GEMINI (May 21-June 21). A career or financial opportunity falls right into your lap. Return phone calls promptly, or potential clients and business associates get the wrong idea.

A relative needs to know he or she can rely on you; show your faithfulness.

CANCER (June 22-July 22). You lack the love's reluctance to discuss your relationship is not a bad sign.

An educational commitment calls for a sacrifice of some sort. You have an undue sense of guilt can help a family member financially.

LEO (July 23-Aug. 22).

Resist the advances of

someone who is involved with a friend of yours.

A colleague offers unsolicited romantic advice.

You'll make a profit when you sell something purchased and business associates get the wrong idea.

VIRGO (Aug. 23-Sept. 22). Pick up where you left off on an old project. A love interest is becoming more serious about you.

Contribute funds to a family venture. Check up on a distant friend.

Discuss your differences with a roommate.

LIBRA (Sept. 23-Oct. 23). A decision that is made for you turns out to be for the best.

Consider a persistent romantic problem before it too late.

A spouse or lover who

disagrees with you ends up teaching you about your own problems.

SCORPIO (Oct. 24-Nov. 21). If a former employer informs you of a financial opportunity, take it. Encouraging news eases your mind.

Organize financial records, and you get a better idea of gains and losses. Short trips are inexpensive and relaxing.

SAGITTARIUS (Nov. 22-Dec. 21). Excuses are useless. The boss only wants to see results.

A love has trouble finding, but you have enough direction for two people. Exercise your superior leadership skills.

Quarrels erupt over finances — keep the peace.

CAPRICORN (Dec. 22-Jan. 19). Romance is blossoming with a seemingly unlikely

partner. Find the best way to invest, as time is ticking away and you may be losing money.

Higher-ups look for proof of your loyalty. You are sexy tonight.

AQUARIUS (Jan. 20-Feb. 18). Embrace fears, and they melt away. Compromise with a roommate.

Provide an insecure co-worker with moral support.

The afternoon brings the perfect astro-climate needed to set things right with a former adversary.

PISCES (Feb. 19-March 20). An unconventional colleague is quite interesting, and you are willing to an adversary's low level.

Make use of a gift certificate or coupon. Creative projects must be set aside temporarily while you focus on a personal goal.

Movie schedule

CARMIKE PETITE
I-70 and Hwy. 157, Collinsville, Ill.
344-1708
Dumb Geniuses (PG) 7:15, 8:35
The Matrix (R) 7:00, 9:45
Never Been Kissed (PG-13) 7:05,
9:25
10 Things I Hate About You (PG-13)
7:10, 9:30

COTTONWOOD EDWARDS-
VILLE CINEMA
Edwardsville, Ill., 132-4200
Cottonwood Mall, 15th
The Deep End Of The Ocean (PG-
13) 7:00
The King & I (G) 6:45

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The Other Sister (PG-13) 7:00
Baby Geniuses (PG) 7:15

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5:45, 8:15
Forrest Of Nature (PG-13) 2:00, 4:20,
7:10, 9:30
Coral Intentions (R) 2:15, 4:30, 7:00,
9:15
Curse 2 (R) 2:15, 4:35, 7:10, 9:25
10 Things I Hate About You (PG-13)
1:00, 3:15, 5:30, 7:45
10 Things I Hate About You (PG-13)
8:15, 10:30
The King & I (G) 1:15, 3:30, 5:50
Deep End Of The Ocean (PG-13)
8:15, 10:30
Ed TV (PG-13) 1:15, 4:10, 7:00, 9:40
Never Been Kissed (PG-13) 12:50,
3:05, 5:30, 8:00
Never Been Kissed (PG-13) 1:55,
4:15, 7:20, 9:45
Plymouth (R) 2:30, 4:50, 7:15, 9:30
Two Distant Planets (PG-13) 1:00, 3:00,
5:10, 7:20, 9:30
Ulti-Beautiful (PG-13) 1:30, 4:15,
7:15, 9:30
Shakespeare In Love (R) 2:00, 4:30,
7:20, 9:55

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Today's Food



Simple Savings

Economize meals, but don't tax weekday dividends

By Janice Denham
Staff writer

The old saying, "Time is money and money is time," fits efforts to prioritize in the kitchen as well as in the house. The idea that eating to stay fit and full must be either expensive or time-laden is not necessarily true.

An itemized statement of healthy habits shows that many foods that are low in fat, sugar and sodium, staying close to the earth in choices of food follows this line with more grains, vegetables, fruits and legumes on the plate than the busy weightlifters. It is a '90s interpretation of the "back to basics" theme.

Sweetness comes from fruit, herbs intensify flavors and grains with the least amount of primary choices.

Not every food must be made like old-fashioned scratch cooking. People with kitchen duty have gotten that message, according to Connie L. Evers & Associates, who provides trend information to the food industry and a

free Internet site, www.foodchannel.com, for consumers.

When tracking trends, the consulting company includes tasks like making macaroni and cheese, but as soon as someone says, "because they have to add the milk," he told the St. Louis Home Economists in Business last week.

One-dish meals are a favorite theme to follow, said Americans are taking, Wolf said. Years ago, it was a meal with many elements — fried chicken, corn, mashed potatoes, gravy and more.

Eventually it became a two-dish meal, such as sweet-and-sour chicken served with rice plus tea and a fortune cookie. The latest update is a single dish — perhaps garden vegetable pizza with refrigerated pudding and Diet Coke on the side.

Although the decade has passed with more meals being bought outside the home, the number of meals people

See SIMPLIFY. Inside TODAY'S FOOD Page 2

Fuel-Up Trail Mix

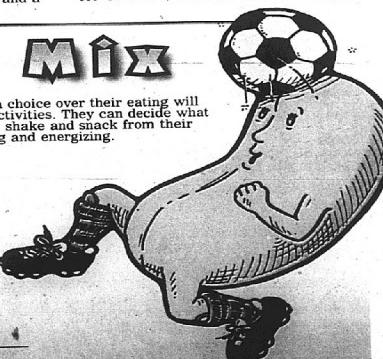
Connie L. Evers, author of "How to Teach Nutrition to Kids," says children who have a choice over their eating will learn better to self-regulate their diet. Offer them an opportunity to be involved in food activities. They can decide what ingredients they want to use in Fuel-Up Trail Mix. They measure amounts of ingredients, shake and snack from their backpack, lunch bag or after-school belongings, in the car or on the bus. The mix is filling and energizing.

- Using 1/4 cup measure, mix together some or all of these ingredients:
 - Low-fat granola cereal
 - Quick-cooking oats
 - Low-sugar breakfast cereal
 - Small pretzel sticks or twists
 - Shelled sunflower seeds
 - Peanuts
 - Almonds

- Mix in 1 to 2 tablespoons of one of the following:
 - Raisins
 - Cranberries
 - Chopped dried apple
 - Chopped dried apricot
 - Dried blueberries or cherries
 - Other dried fruits

- List your very own, favorite trail mix combination:

Kids' Cuisine



From St. Louis District Dairy Council Writers Conference

Medicine Chest
Tea may agree with the heart over time
[See Page 2](#)

Food Nutrition

Wise Ways

Money saved by herbs to treat stress may pay the taxes.
[INSIDE](#)

Heart-y Bites

Fresh summer tomatoes are on gardeners' minds.
[INSIDE](#)

Blue Ribbon Cook

Asparagus takes prize for being served with overnight marinade.
[INSIDE](#)

Test Run

Flavors of instant pudding widen variety for sweet snacks with calcium from milk.
[INSIDE](#)

Micro Raves

Chocolate is champion of flavor enthusiasts.
[INSIDE](#)

Lively Taste

For flavor variety in simple dishes, use milk. For instance, poach fish fillets or boneless chicken breasts in hot milk flavored with fresh herbs, garlic, onion and thyme, or add garlic cloves and chunks of onion to hot milk. If desired, thicken the milk to make a sauce. For more tender meat, soak it in milk overnight, then cook in lightly salted milk instead of water. For tender chicken, soak chicken overnight in milk and spices, then drain and dredge in flour before cooking in the oven or a skillet.

Health & Fitness

Fresh Picks

Both red and green bell peppers are available all year long. Red peppers are simply green peppers that have matured and over time accumulated more beta carotene. Red and green peppers are good sources of vitamin C. Just a half-cup of chopped green pepper provides more than half the Recommended Dietary Allowance. And the same amount of red peppers provides more than 15 percent of the RDA. Green peppers contain some beta carotene, but 1/2 cup of red varieties offers more than half the RDA. Both are 15 to 20 calories in a green or red pepper. Have them available, like baby carrots, for munching and scooping up low-fat dip as a snack.

Big Fat Tip

Between cheese and meat, it is hard to make pizza a light food. However, some choices improve its nutritional value. Use whole-grain breads and low-fat cheeses. When making it at home, use lower-fat, flavored turkey products for the meat. Canadian bacon is also a better meat option. Replacing meat with vegetables can beat some fat, too. Onion and mushrooms are easy because they are transitional. Many pizza toppings offer fiber, like broccoli and bell peppers, as well. Accompany it with veggie-laden salad and fat-free dressing to encourage smaller servings of pizza.

Future Shop

An eye-to-good nutrition calls for safe keeping of leftover foods that are new to a shopper. Once a package of tofu is opened, changing the water in its dish daily usually means it keeps in the refrigerator for a week. If it is tightly wrapped, it can be frozen. Defrost by letting it stand in a pan covered with boiling water 10 to 15 minutes. Its color becomes darker and more sponge-like, but it is safe to eat.

Today's Food

New pudding flavors give instant pleasure

Reviews of three new flavors of Jell-O instant pudding mix — white chocolate, cheesecake and devil's food — reflected the taste preferences of testers for favorite flavors.

The only other ingredient in each pudding tested was 1/2-percent milk. The mixes cost about 75 cents each at Dierbergs.

Their texture was consistent with expectations. They were called creamy and light to the touch and bite. The one who made them found them easy to prepare according to directions. A tester called the colors "bright" according to flavor and colors on the packages.

At least one person chose each flavor as the top one, but devil's food was picked most often.

"Devil's food does have dark, rich chocolate flavor with that nice, sharp bite at the end, like good dark chocolates have," a tester said.

She would enjoy it by itself or in a number of other ways: in cake or pie, as part of a cake mix or trifles.

A second tester who rated the devil's food flavor first thought it was the most true to its name.

"Chocolate varies a lot and much of what you like about it is the expectation. This one delivered. I don't eat devil's food cake often, but I really enjoy it. This



"Instant" before "pudding" stands for the time it takes to prepare — as well as eat it. New flavors serve the same purpose.

gave me that same deep impression of flavor," she said.

Another tester found it too rich. He chose the white chocolate as his favorite.

Although he thought he would prefer the classic pudding flavors over the ones, the more he considered the cheesecake flavor, the more ways he thought he would like it. His favorite suggestion was layering it or topping it with strawberries or cherries.

Another tester, who does not claim to be a "chocoholic," thought it represented more closely its purported flavor.

Another liked the white chocolate best. He thought it had the flavor it advertised.

She and another tester agreed that the white chocolate and cheesecake flavors were tasty and worth buying, but they would not be able to identify the flavors without an indication of what they were.

Heart could benefit from tea

By Rebecca Coley
Correspondent

In the last several years research suggests tea drinking can have beneficial effects on the body. The information continues to accumulate in an effort to relate dietary consumption to the prevention or cause of some ailment.

Research indicates tea drinkers have a lower risk of developing heart disease or stroke. Earlier studies found that people who drink tea reduce their risk of heart disease 40 to 50 percent. This is not the end of the story. Further research is necessary to confirm these preliminary results.

Drinking tea also may be good for the vascular system. Tea contains substances known as tannins. They can keep platelets from sticking together and therefore preventing blood clots.

Flavonoids may have other effects on the body, such as affecting cholesterol ratios and other substances involved in clotting.

The antioxidant effects of tea also may prevent some cancers. Antioxidants extinguish the harmful effects of "free radicals," charged particles in the body which

can cause damage to cells. Epidemiological studies have shown people who consume tea develop fewer cancers than comparable subjects who did not drink tea. Again it is too early to draw conclusions, but interest is high. Several studies are trying to quantify and qualify these benefits.

Earlier studies indicated benefits from drinking green tea, which was what the study population drank. Investigation is being conducted into the effects on less concentrated tea drinking and whether its effects carry into black tea as well.

Even though there is much research to be done, it doesn't sound like a cup of tea each day could hurt.

Hot or iced, freshly brewed tea contains antioxidants. Unsweetened tea has no fat, calories, sodium or sugar, plus only about half the caffeine in the same size cup of coffee.

Registered pharmacist Rebecca Coley is a board member of the Saint Louis College of Pharmacy Alumni Association. Questions for her to answer in "Medicine Chest" can be e-mailed to her at rcoley@itsmail.com or sent to Medicine Chest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Chocolate snack cake corrected

Human error let the computers confuse measurements in the kitchen last week. The recipe for Triple Chocolate Snack Cake is reprinted in its entirety with correct information about the cocoa and Quick Vanilla Drizzle. The editor regrets any inconvenience caused by the error.

TRIPLE CHOCOLATE SNACK CAKE

1/2 cup (1 stick) margarine spread (60 percent oil preferred), softened
3/4 cup sugar
1 can (16 oz.) chocolate syrup (do not use lite syrup)
2 eggs
1 egg white
1 cup flour
1/4 cup cocoa powder
1 cup reduced-fat semisweet chocolate

chips
1/4 cup chopped nuts
Quick Vanilla Drizzle

Preheat oven to 350 degrees. Coat 13-by-9-inch baking pan with nonstick cooking spray.

Beat spread and sugar in bowl until well blended. Add syrup, eggs, egg white, flour and cocoa. Beat well.

Pour batter into prepared pan. Sprinkle chips and nuts on top.

Bake in preheated oven 30 to 35 minutes until cake springs back when touched gently in center. Cool completely in pan on wire rack.

Drizzle: Quick Vanilla Drizzle over top.

Quick Vanilla Drizzle: Stir together 1/2 cup confectioner's sugar and 2 to 3 teaspoons nonfat milk until desired consistency. Makes about 1/4 cup icing.

Makes 15 servings, 290 calories and 9 g fat each.

Well-trained deer display flowers, don't nibble them

These are the deer to have in the yard. They don't nibble bushes or trample the garden. They don't need special feeding either.

This trio of deer planters is not only a fresh and attractive way to display plants and flowers, but also simple to build and fun to decorate.

All three planters are built from standard pine or Douglas fir, with wooden balls and buttons for noses and eyes. Each is built following the same five basic steps, so once the first is finished, others are easy as echoes of the same process.

Simply trace the parts onto wood, cut out, sand, assemble and finish. A do-it-yourselfer can build any or all of the three in any combination.

The small deer is 16 inches tall by 14 inches long by 7 inches wide, the medium deer is 24 inches tall by 22 inches long by 10 inches wide, and the large deer is 32 inches tall by 30 inches long by 13 inches.

The Deer Planter Trio planter No. 745, is \$8.95 and includes step-by-step directions with photos, full-size traceable pat-



Trio of deer takes to heart the advice: Please don't eat the daisies.

terns, an assembly diagram, a shopping list and a cutting schedule.

A package of three animal planter plans, No. C103, is \$10.95 and includes this plan plus plans for a cow planter and a donkey cart planter. A catalog picturing hundreds of projects is \$3.95.

Prices include postage and handling for delivery in three to four weeks.

For delivery in seven to 10 days, add \$1 per item up to a \$3 maximum.

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Simplify

Continued from page 1.

eat at home is almost the same.

"Often the decision of what to eat, which is made between 4 and 7 p.m., is made at home, where the family has gone to re-group. So eating at home from the grocery can be an option," Wolf said.

What can contribute to this supposed ease of cooking from the refrigerator and pantry?

* Wolf said a trend of the '90s has been to "live well," which varies by individual definition.

Often it means choosing a meal by cuisine — Italian, Mexican, American or Chinese — rather than starting with meat.

* He also indicated taste buds of the '90s rely on heightened ethnic flavors for appeal. They have moved flavorfully to barbecue, spicy or hot and even incendiary.

* Today's cook also does not feel responsible for "cooking" every evening. This developed into a trend for carry-out, as well as food delivered to the door. From there came the flush of products that comes complete: self-rising pizza and home-style skillet meals from a freezer.

* Specifically, fresh vegetables inspire many meals. A pound of baby carrots cooks from scratch in about 15 minutes without slicing or peeling. Add 1/2 cup currants, 2 tablespoons lemon juice and 1 stick cinnamon to the simmering mixture, then serve it without the cinnamon stick and sprinkle the top with 1 tablespoon butter-flavor sprinkles for flavor variety.

* If a whole head of cauliflower is too much to use, buy it in chunks from the produce department or in florets from the salad bar. Cooking more vegetable than needed for a single meal makes it convenient to put together a creamy pasta, like this one with broccoli.

* Canned beans add plenty of protein and car-

bohydrates with little fat and few calories. Rinsing them cuts the sodium.

* Rice, including high-fiber brown rice, comes in instant forms.

* Dairy products,

which provide flavor and texture, come in handy low-fat and nonfat forms.

These easy recipes are flavorful, do not cost all of next week's salary and invest in good health.

GRILLED TUNA STEAK

1-1/2 tbsp. salt-free lemon-pepper seasoning
1-1/2 tbsp. fresh lime juice
1 tbsp. peanut oil
1 tsp. extra-spicy salt-free seasoning
1-1/2 lb. fresh tuna steak (3/4 to 1 inch thick)

Combine lemon-pepper, lime juice, peanut oil and seasoning to form paste. Spread over both sides of tuna. Cover loosely. Refrigerate at least 2 hours.

Grill or broil over medium heat about 6 inches from heat 6 to 8 minutes per side until just cooked through. Serve immediately.

Makes 6 servings: 220 calories, 8 g fat, 50 mg cholesterol, 45 mg sodium, 2 g carbohydrate and 27 g protein each.

BEAN AND VEGETABLE RICE MEDLEY

2-1/4 cups reduced-sodium chicken broth
2 cups uncooked instant brown rice
2 tbsp. butter flavor sprinkles
1-1/2 cups broccoli florets
1-1/2 cups julienne-cut red bell pepper
2/3 cup sliced carrot
2 cups cooked or canned garbanzo beans, rinsed, drained

Bring broth to boil in medium saucepan. Add rice, vegetables, broccoli, red pepper and carrot. Reduce heat. Simmer, covered, 10 minutes or until vegetables are tender and liquid is absorbed. Stir in beans.

Makes 4 servings: 360 calories, 5 g fat, 5 mg cholesterol, 460 mg sodium, 4 g protein, 88 g carbohydrate and 8 g dietary fiber each.

CREAMY BROCCOLI PASTA

4 oz. uncooked linguini or other pasta
3 oz. light cream cheese
3 tbsp. roasted-garlic flavor sprinkles
1/4 cup nonfat milk
1 cup broccoli florets, steamed
1/4 cup sun-dried tomato in oil, drained, sliced
Freshly ground pepper, if desired

Cook pasta according to package directions.

In saucepan, combine cream cheese, garlic flavoring and milk. Heat and stir, using whisk, until smooth. Stir in pasta. Add broccoli and sun-dried tomato. Toss to combine. Sprinkle with pepper.

Makes 4 servings: 170 calories, 4.5 g fat, 15 mg cholesterol, 460 mg sodium, 26 g carbohydrate, 6 g protein and 2 g dietary fiber each.

Note: In place of garlic-flavor sprinkles, 3 tablespoons butter-flavor sprinkles and 1/2 teaspoon garlic powder can be used.

Today's Food

Recipe

STIR-FRY BEEF

grated ginger root
1 tbsp. cornstarch

1 1/2 lb. sirloin steak, thinly sliced
 2 tbsp. oil
 1 medium onion, cut in 1/2 inch pieces
 2 cups broccoli florets
 2 cups chopped green, yellow, or red bell pepper
 1 clove garlic, minced
 3/4 cup beef broth
 1/4 cup teriyaki sauce
 1 tsp. ground ginger or

ORIENTAL NOODLES

Mix Oriental salad dressing with peanut butter, then toss with cooked

In large skillet, heat 1 tablespoon oil over medium-high heat. Cook and stir beef about 1 to 2 minutes per side until browned and tender. Remove beef. Drain skillet. Add remaining oil to skillet. Stir-fry onion, broccoli, peppers and garlic about 4 minutes until vegetables are tender-crisp. Combine broth, teriyaki sauce, ginger and cornstarch. Stir beef and broth mixture into vegetables. Heat and stir.

spaghetti for flavorful Oriental noodles. Toss with a few sesame seeds, if desired. Serve hot or cold.

Recipe

ITALIAN CHICKEN PROVOLONE

1 lb. boneless, skinless chicken breast halves
4 slices dry salami, cut in half
1/2 cup (2 oz.) shredded provolone cheese
1/2 cup sliced mushrooms, drained
Paprika
1 cup sour cream
2 tbsp. Dijon mustard
1/2 tsp. Worcestershire sauce

Preheat oven to 375°. Using meat mallet or rolling pin, flatten each chicken breast half between sheets of waxed paper until 1/4-inch thick.

Place 2 salami halves on each chicken breast. Top evenly with cheese and mushrooms. Roll chicken lengthwise, tucking edges inside. Secure each roll with wooden pick.

Arrange chicken seam-side down in 9-inch square baking pan. Sprinkle with paprika. Bake at 375° for 20 to 25 minutes until chicken is no longer pink.

In small saucepan, combine sour cream, mustard and Worcestershire sauce. Over low heat, cook and stir until hot.

To serve, remove wooden picks from chicken. Spoon sauce over chicken.

Makes 4 servings; 388 calories, 47 g protein, 4 g carbohydrate, 22 g fat, 138 mg cholesterol and 467 mg sodium each.

Backyard tomatoes only a pot, seeds and TLC away

By Libby Mills
Correspondent

Recently catching up on family news, my friend Chris proudly update for me the hearty status of her seedling tomato plants. This slight suggestion jolted my memory back to my yard several summers ago.

HEART-Y BITES

It was green and lush, bursting with yellow and orange day lilies, pink and purple asters, rose clusters, sprinklings of pink bleeding hearts and tiny lilies of the valley. In a special section were the scraggly, gawky vines supported by dowel rods and wire cages tied with scraps of sheer hosiery, bearing sun-ripened, crimson tomatoes.

We picked the ripest tomatoes, washed and sliced them for lunch. Their breathtaking flavor was delicious.

"I guess I'm too late to start an homegrown tomato," I said noncommittally. Compared to Chris, neither of my thumbs is even slightly green.

Though Chris had started her seeds the last week of February, she told me I was not too late for a summer harvest if I started seeds over the next couple weeks. If I looked toward an early fall harvest, she said, I was way too early. June would be the ideal time for starting those seeds.

It's easier to eat five fruits and vegetables each day when they can be picked from a pot on the porch or from a garden. Caring for the plants and

watching them grow is rewarding. Plus, varieties grown at home always seem to taste better.

Her enthusiasm was getting the attention of my inert. With a few instructions from the "master," I would be on my way.

Chris begins by making several holes in the bottom of small foam cups. She places them in tray with slits to catch draining water and fills them with planting or seed starting mix which is available at any garden shop.

She moistens the mix, places 3 tomato seeds in each cup, then covers the seeds with thin layer of mix and moistens the top layer. A mister bottle assures watering the soil without drenching it or displacing seeds from their soil.

Each cup then is covered with a clear plastic cup placed upside down within the tray. A light cover of plastic wrap over each cup creates the same effect of a miniature green house.

The mini solarium should be placed in a warm (about 65°) area. Like Chris, I can use the top of the refrigerator. The planting mix should be kept moist. In about a week, the first fragile tiny leaf on either side will sprout.

Once sprouts spring, light is the key to prosperity.

Though a bright window sill is best during the day, the tiny plants should be moved out of any possible chill or draft from dropping night temperatures. The plant can be moved back to its original warm spot with or without the addition of a

fluorescent night light.

The plastic cup or wrap should be removed as tomato seedlings grow to need more room. When the plants eventually produce mature leaves, they are ready to be separated and replanted into small individual pots. As they grow, they may have to be replanted again into even larger pots until the last chance of frost passes and they can be planted in the ground.

Before I could get benefit from her expertise, Chris shared her disclaimer, "Of course, you can always buy your tomato plants."

Registered dietitian Libby Mills is a member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

SENSATIONAL SWEET SANDWICH SNACKS

2 slices French bread (3 inch diameter), cut diagonally 1/3 inch thick from baguette
Sliced fresh tomatoes to cover bread in single layer
Freshly ground pepper
1 oz. fresh mozzarella cheese, sliced
Leaves of fresh basil (2 inches long), rinsed; cut in strips

Toast bread carefully so pieces do not burn. Place tomato on toast. Sprinkle with pepper. Layer mozzarella over tomatoes.

OPEN-FACE HAM, TOMATO 'N' CHEESE

4 slices (1/2 inch thick) country-style whole wheat bread
2 tbsp. Dijon mustard
12 fresh basil leaves
4 oz. gruyere or fontina cheese, thinly sliced
4 oz. ham, thinly sliced
1 large, ripe tomato, thinly sliced
1 medium yellow onion, thinly sliced
Freshly ground pepper
2 tbsp. olive oil

Grill or broil bread until golden on both sides. Spread

with thin layer of mustard. Place 3 basil leaves on top, then add layers of cheese, ham, tomato and onion. Season generously with pepper. Drizzle olive oil over each sandwich.

Broil over low heat until cheese melts. Serve immediately.

Makes 6 servings.

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She would be an outstanding candidate. There is going to be a woman president one of these days and we might as well start the new century, I think, with a woman in the White House.

Former senator and presidential candidate, Bob Dole on his wife running for the Oval Office, as heard on KMOX.

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Today's Food

Herbs do not pay taxes, but may check off stress

By Carol Schlitt
Correspondent

With tax day looming, the stress level of many Americans, especially procrastinators, increases to a feverish level. As April 15 looms, antacid sales skyrocket and coffee and other beverages soaked with caffeine are beverages of choice.

WISE WAYS More people are turning to herbs to help them beat their stress. In fact, about one-third of American adults use herbs to treat all types of tinctures, extracts and teas to help enhance health or alleviate illnesses.

The herbal market has grown in the 1990s as aging baby boomers have become interested in addressing health problems in a gentler, "more natural" way than prescribed medication.

Food products, such as a line of soups enhanced with herbs, is a new way herbs are marketed.

While this list is not an endorsement for herbs, these herbs are getting lots of attention for their proposed ability to relieve tension and stress:

Chamomile: Long associated with stress relief, chamomile reportedly induces relaxation without impairing the performance of tasks that require coordination. It is a relative

of ragweed, so hay fever sufferers will treat carefully with this herb. This Asian root is commonly used to help the body maintain normal function in the face of stress. Some studies suggest it also may improve disease resistance, circulation and blood-sugar regulation.

St.-John's-wort: This

funny-sounding herb has been nicknamed "nature's Prozac." So named because people in the mid-1700s gathered on St. John's eve to gather the plant to ward off evil, "wort" means "plant" in old English. Some studies indicate that fair-skinned people should avoid exposure to bright sunlight when taking this herb to avoid sun-induced

GARLICKY CHICKEN

Mix $\frac{1}{2}$ cup grated parmesan cheese with 1 envelope garlic and herb or Italian salad dressing mix.

toxicity.

Valerian: This is very popular in Europe as an herbal sedative. Users say it not only relaxes them, but also increases their concentration and energy levels.

Passion flower: After valerian, passion flower is the most popular herbal sedative in Great Britain. Its therapeutic roots extend

back to the 16th century, when Spanish explorers saw the mountain tribes of Peru and Brazil use it for medicinal purposes.

Certified consumer and family scientist Carol Schlitt is nutrition and wellness educator at the Edwardsville Extension Center for University of Illinois Extension.

Place in shallow baking dish. Bake in preheated 400° oven 20 to 25 minutes until cooked through.

CREAMY CHICKEN QUESADILLAS

10 oz. (about 2 cups) diced or shredded, cooked chicken
6 (10 inch) flour tortillas or
grape leaves
4 oz. Garden vegetable
cream cheese
1 cup frozen corn, thawed
4 oz. smoked gouda cheese,
grated
Salsa

Lay tortillas on clean work surface. Spread cream

cheese across entire surface of tortillas. Sprinkle chicken and corn on half of each tortilla. Sprinkle gouda over chicken. Fold over quesadillas to cover filling completely.

Set large, heavy skillet or griddle over medium-high heat. Cook one or two quesadillas at a time 3 to 4 minutes until brown spots form on tortilla. Turn over quesadillas to cook second side.

On cutting board, cut in wedges. Serve with salsa. Makes 6 quesadillas.

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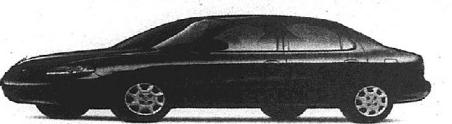
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Cash Down or Trade	\$1,000

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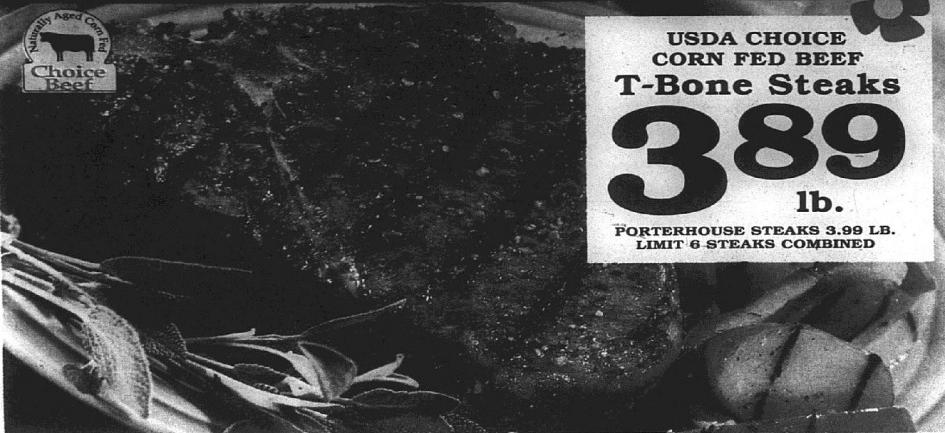
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FAMILY PACK
Boneless Pork
Sirloin Chops

199
lb.



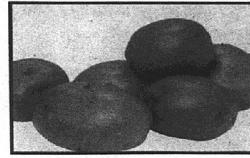
FAMILY PACK, FRESH
Ground Round

169
lb.



FAMILY PACK, LEAN
Pork Cutlets

199
lb.



U.S. NO. 1
Red
Potatoes

198
10 POUND
BAG

Johnsonville
Pork Sausage.... 159
lb.

REGULAR OR TURKEY
Seitz Jumbo
Hot Dogs..... 99¢
LB. PRO.

ASSORTED VARIETIES
On Cor
Family Entrees.... 199
lb.

SLICED
Farmland
Bacon..... 179
LB. PRO.

PEPPERONI SAUSAGE
OR DELUXE
Mama Rosa Pizza..... 2/399
22-OZ. PRO.

PORK, CHICKEN OR BEEF
Lloyd's
Tub Barbecue..... 499
LB. PRO.

Webber Farms
Sausage & Biscuits 399
50-OZ. PRO.

CHOPPED HAM OR
Oscar Mayer
Ham & Cheese.... 219
LB. PRO.

Shop 'n Save White Bread

ROUND TOP
Shop 'n Save
White Bread
4/\$1
16-OZ. LOAF
LIMIT 8

ASSORTED VARIETIES
Red Baron 2/595
12-inch Pizza.... 2/595
62-OZ. PRO.

ASSORTED VARIETIES
Swanson
Dinners..... 4/\$5
62-OZ. PRO.

SELECTED VARIETIES
YU SING OR
Michelina's 5/399
Entrees.... 5/399
62-OZ. PRO.

ASSORTED VARIETIES
Ore-Ida 3/495
Hash Browns.... 3/495
22-OZ. PRO.

LIQUID
Arm & Hammer
Laundry Detergent

199
100-OZ. BTL.
LIMIT 4

ASSORTED VARIETIES
Larry's Stuffed
Potatoes.... 3/299
10-OZ. PRO.

ASSORTED VARIETIES
Red Baron Bake
To Rise Pizza.... 2/799
27.8-30.7
OZ. PRO.

SPECIAL ROAST
Folger's
Coffee..... 477
34.8-OZ. CAN

SELECTED VARIETIES
Marie Callendar
Pasta Dinners 2/\$5
10-12.8
OZ. PRO.

LOW FAT
Shop 'n Save
1/2% Milk

159
GALLON

BUNDLE PACK
Bounty
Paper Towels.... 749
10-OZ. PRO.

Prairie Farms
Chocolate Milk... 269
8.5-OZ. PRO.

ORIGINAL OR ULTRA
Charmin 2/597
Bath Tissue.... 2/597
13-OZ. PRO.

ASSORTED VARIETIES
Kraft Philly
Cream Cheese.... 2/\$3
8-OZ. PRO.

24-PACK CUBE
Pepsi, Diet Pepsi
or Mountain Dew

498
12-OZ.
CANS

MINIATURE OR JET PUFF
Favorite Brand
Marshmallows.... 89¢
10-OZ. PRO.

ORIGINAL OR UNSCENTED
ARM & HAMMER
Cat Litter..... 499
14-LB.
PRO.

ASSORTED FLAVORS
Shop 'n Save 3/495
Ice Cream..... 3/495
HALF GALLON

CALIFORNIA-STYLE OR ORIGINAL WITH CALCIUM
Sunny Delight
Citrus Punch.... 97¢
64-OZ. BTL.

12-PACK, SPRITE
Coca-Cola Classic
or Diet Coke

295
12-OZ.
CANS

Coca Cola
or Pepsi..... 77¢
12-OZ.
BTL.

ASSORTED VARIETIES
Caress or
Dove Bath Bar.... 199
5.2-OZ.
PRO.

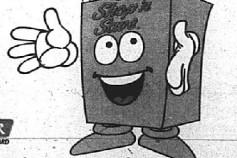
Vo-5 Shampoo
or Conditioner.... 59¢
5.2-OZ.
PRO.

DiSarono
Amaretto..... 1699
750ML
BTL.

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Automotive

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Classifieds

Help Wanted, Page 3D
Real Estate, Page 8D

Mercedes-Benz V-8 added to M-class

By Tom Strongman

Mercedes-Benz knocked the sport-utility segment on its ear with the competitively priced and technologically elite ML 320. Now comes Act 2, the ML 430, powered by a V-8 engine.

Slipping a 4.3-liter V-8 into the ML raises its engine's base price at dealers by \$1,000, bringing it up to \$39,995. This single-overhead-cam (SOHC), all-aluminum V-8 shares its architecture and three-valve, twin-spark layout with the 3.2-liter V-6 found in the ML 320 and V-8 generic 269 models.

Performance is prodigious, as you can imagine, even in an SUV that weighs 4,552 pounds. Toe the throttle and you're greeted with a muted burble from the exhaust; kick it down hard and the rumble rises from deep within. It may be basically a truck, but when you drive it like this it feels more like a tall sports sedan.

Mercedes-Benz says the ML 430 accelerates to 60 mph in eight seconds. Fuel economy, rated at 18 mpg city and 18 mpg highway, is not at all impressive for a vehicle this size.

Both the ML 320 and ML 430 are built in a new factory in Tuscaloosa, Ala. Demand has caused production to be increased from 65,000 to 80,000 per year, while an additional 30,000 for Europe will be assembled in Graz, Austria.

With a base price of \$43,750, the ML 430

squares off against other luxury SUVs such as the Toyota Land Cruiser, Lincoln Navigator and Cadillac Escalade.

Standard equipment includes all the requisite luxury amenities plus high-tech items such as four-channel anti-lock brakes, electronic traction control, Brake Assist and Electronic Stability Program (ESP).

Brake Assist automatically applies maximum braking force in a panic stop, while ESP counterskids by momentarily applying the brake on one wheel.

Given its luxury appointments and sports-sedan looks, you might think the ML 430 is a 4X4 poser. In fact, it's a sensible off-roader with unique four-wheel-drive system that is both simple and clever also sets the M-class apart from its competitors. Instead of using locked axles for traction in difficult conditions, the Mercedes-Benz electronic traction-control system applies the brake on any slipping wheel, enabling the vehicle

to move if only one wheel has traction.

An extra-low gear gives it the ability to crawl over very difficult terrain, while short front and rear overhangs also enhance off-road maneuverability. Despite its upright stance and 8.4 inches of ground clearance, the ML 430 doesn't feel like a truck, especially when driven briskly through turns. A fully independent suspension gives it a ride that is cushy by truck standards and only marginally rougher than an S-Class sedan. Seventeen-inch, seven-spoke alloy wheels are shod with beefy 277/75S mud and snow tires.

Slide behind the wheel and you're greeted with an instrument cluster that looks similar to



that of any other Benz. Gauges are large and simple, with many reflected in auxiliary switches as well.

My only gripe is the shallow depth of the main knob on the radio and location of the mirror, lock and mirror controls on the central console.

I know Mercedes has good reasons for putting some of these switches in one central place, but it takes time to adjust to them being

there instead of on the doors.

Floor seats are wide enough to fit most folks who still have good side support bolts. They were comfortable after six hours on the road.

Any part of the base set of floor seats can be folded independently. If you have two kids in back, for example, the center section can be folded forward like a table.

Our test vehicle, from the Mercedes-Benz press fleet, was squeaky, but not squeaky, which I attributed to a hard life of off-road testing in the hands of journalists.

The base price of our test vehicle was \$43,750. Options included the Bosch premium audio system, a trim-mounted CD player, glass sun roof and metallic paint.

The list price was \$46,965.

The warranty is for four years or 50,000 miles.

Olds to halt Cutlass production

By Rick Stoff

Buy that Cutlass now, or forever hold your peace. One of the most popular model nameplates in U.S. history will go out of production this summer.

Points & Plugs

It often was one of the biggest sellers in the General Motors fleet. It sold more than 53,000 of them last year, but changes in the product mix made it obsolete. The Oldsmobile Alero is taking over the Cutlass slot.

Oldsmobile expects to sell 140,000 Aleros this year.

Cadillac is going racing again. A long time ago, Cadillac dabbled in racing and eventually got rather seriously in the 24 Hours of LeMans. Cadillac is now racing a car to take back to LeMans next year. It will be a specially designed racing chassis fitted with a souped-up version of the company's V-8 engine.

A safety organization will gather computerized data on child-safety seats as part of its campaigns to reduce injuries and deaths caused by auto crashes. The National Safety Council Campaign will begin collecting information at child-seat checkups across the country. Its computer programs will gather information on automobile and car seat types, installation procedures

and safety seat histories.

Inspectors will determine whether child-safety seats meet current safety standards and if they are being used properly. The organization expects more than 1,850 children, ages 4 and younger, are killed annually in vehicle accidents, and 280,000 others are injured.

For the first time in a decade, the average new auto dealer made more money on new cars and trucks than used ones, the National Automobile Dealers Association has reported.

The trade group said sales of new vehicles provided 30 percent of the average dealer's revenue last year, up from 13 percent in 1997. Used-vehicle sales accounted for 25 percent of net profits, down from 28 percent.

The last time new-vehicle sales pro-

duced more profits than the used-car lot was 1988, NADA said. The average dealer earned a net profit of \$186 on each new-car or -truck sale. The average net profit on a used vehicle last year was \$176.

The Yellow Cab Co. of Bloomfield, Conn., is putting "green" cars on the streets. The company has purchased 31 Honda Civics fueled by compressed natural gas. The cleaner-burning cars now represent about 10 percent of its fleet. The company says the 31 cars fueled by natural gas will emit less air pollution than one cab fueled by gasoline.

Japanese auto manufacturers bought \$25 billion in parts from U.S. manufacturers during the last Japanese fiscal year, according to the Japanese Automobile Manufacturers Association.

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Phone: 344-0264.

Marion County: 215 W. Locust, Columbia, IL 62236,
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PHONE IT: Call 344-0264. Phone lines are open from 8am-5pm Monday-Friday or call 1-800-766-FAST.

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You will be immediately following your run day. You may pay in person, through the mail, or over the phone. We accept cash, checks and credit cards (MC/Visa/Discover). When paying over the phone, please have your credit card ready. When faxing your ad, just include your credit card number. We'll call you back for confirmation. Please do not send money through the mail. Some ads require prepayment.

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Capture the reader's attention with larger headlines, bold type, and symbols. Tell them up front what you're seeking. Describe what is unique about your item, adding details such as condition. Avoid abbreviations; they make your ad harder to read and therefore less effective. Include your phone number and the hours you are available. Always include the price; it will increase your responses.

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Details are required for cancellation and refund deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, phone (618) 344-0264.



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320 HELP WANTED 320 HELP WANTED 320 HELP WANTED

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Applicant should be self-motivated, personable, reliable and must be able to both sell newspaper advertising to existing accounts and to develop new business. Must be very detailed oriented and able to meet varying deadlines. Prior newspaper experience highly preferred.

Salary, commission, incentives, mileage, plus health insurance. Interested individuals should mail a cover letter with resume to:

Account Executive
c/o The Telegraph
111 E. Broadway
Alton, IL 62002

No phone calls, please.

THE TELEGRAPH

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EOE M/F/D/V

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\$10.00 HOUR

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warehouse shipping/warehousing transportation co. in Granite City, some county areas a plus. Must have drivers license, good driving record, drug & alcohol screen. Apply in person.

2 years verifiable experience, CDL Class A license, be DOT qualified, must be at least 23 years of age (insurance requirements).

Physical requirements: Good vision and hearing, ability to lift 50 lbs. No prior calls, please.

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LAYOUT EDITOR WANTED

The West County Suburban Journal has an opening for a Graphic Artist.

Duties for the full time position include page design and layout, special section composition, image scanning and proofreading. Applicants must possess a demonstrable working knowledge of Photoshop and Quark, and be able to work on both Windows and Macintosh platforms. Knowledge of Freehand and Illustrator a plus.

Please send a resume and clips to: 1714 Deer Tracks Trail, St. Louis MO 63131, in care of Stephanie Clear, West County Journal managing editor.

Graphic Artist Wanted

The West County Suburban Journal has an opening for a Graphic Artist.

Duties for the full time position include page design and layout, special section composition, image scanning and proofreading. Applicants must possess a demonstrable working knowledge of Photoshop and Quark, and be able to work on both Windows and Macintosh platforms. Knowledge of Freehand and Illustrator a plus.

Please send a resume and clips to: 1714 Deer Tracks Trail, St. Louis MO 63131, in care of Stephanie Clear, West County Journal managing editor.

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**Cooks
Barbers
Waitresses
Delivery Person**

Apply in person
Bourbon Street
(inside travelodge)
11am - 5pm

**Buying or Selling?
Try the Classifieds!**

FACTORY

The (Alton, Ill.) Telegraph has an opening for a full-time copy editor. You must be proficient in page layout and skilled in editing. Knowledge of computers, including Macintosh and such programs as Quark and Photoshop, preferred. Daily newspaper with 30,000 circulation, 20-minutes off of downtown St. Louis, covering five Southern Illinois counties. Send resume to Managing Editor Dan Branham, The Telegraph, 111 E. Broadway, Alton, Ill., 62002.

DRIVER/SENIOR SHUTTLE BUS

The City of Collinsville is accepting applications to compile a driver pool for its shuttle bus service. Driver Requirements: Valid driver's license and experience driving van or bus and/or working with the elderly and disabled. Duties include transporting individuals in vans or buses transports less than 13 passengers. The position requires physical exertion, including bending, stooping, carrying, operation of 2-way radio, and minor clerical duties. Must successfully complete pre-employment physical and drug screening. Must be able to work evenings and weekends. Employment: Flexible weekday schedule of 4-hour shifts. Shifts will be determined by the needs of the service. Job qualifications: Job description, including physical requirements, and application available at the City of Collinsville. Applications are REQUIRED and MUST BE RECEIVED no later than Saturday, April 24 at PO Box 37, Collinsville, IL 62234. Applications will not be accepted at City Hall on or after April 24.

COLLINSVILLE IS AN EQUAL OPPORTUNITY EMPLOYER

** * * * * * * * * *

FITTERS

ASME Fabrication, Steel Tanks, Etc. Work From Prints: Experience Required.

Job Type: Person:

CONTINENTAL STAPERS, INC.

500 W. Washington, St. Louis, MO 63110

eeo

** * * * * * * * * *

TIRED OF FLIPPING BURGERS?

Jiffy Lube looking for solid,

dependable people. Apply at the location nearest you!

We Offer:

• Competitive wages Paid Vacation

• 401K Insurance Programs

• Complete training

• Advancement opportunity

IMMEDIATE OPENINGS

CASHIERS

Full Time/Part Time Days/Evenings

WAITERS/WAITRESSES

Full Time/Part Time Days/Evenings

DISHWASHERS

Full Time/Part Time Days/Evenings

LABORERS

To move our large equipment along, with our crew to complete the task. Starting at \$10.00/Hr., depending on experience. Raise after 3 months trial period.

JARAN ENVIRONMENTAL

2800 E. East St.

218 ZUMA ROAD

ST. CHARLES, MO 63303

Fax: 314-476-1000

** * * * * * * * * *

**EARN EXTRA MONEY
DELIVER McLEODUSA
TELEPHONE DIRECTORIES**

D.D.A. needs men and women 18 and over with insured vehicles to deliver the new McLeodUSA Madison and St. Clair Counties directory. Delivery starts about April 14th. Get paid immediately upon successful completion of your route. CALL 1-800-979-7778 between 8:30 am to 4:00 pm. Mon thru Fri. Refer to Job #3403-1

EOE

DRIVERS

Manufacturer out of St. Louis is looking for over-the-road drivers to drive 18-wheeler

2000 miles including safety bonus to start. Insurance, paid vacations, home weekly.

We require 1 year verifiable experience, good driving record, Class A CDL. Must meet DOT requirements. Qualifications \$300 SIGNING BONUS.

Apply in person.

Mrs. Alison's Cookies

1780 Burns Avenue

St. Louis, MO 63132

EOE*

LOSS PREVENTION

We're looking for full time experienced Loss Prevention Officers to join our winning team! If you are an innovator who likes to run your own show and think outside the box, we have a challenge-packed environment, send resume with cover letter to:

Director of Loss Prevention

Gramex Corporation

11930 St. Charles Rock Rd.

Bridgeport MO 64434

We will contact only those candidates selected for further consideration.

EOE*

LOCAL TOWEL DELIVERY DRIVER

Interested applicants must possess a CDL Class B license

with the ability to obtain a CDL Class A license within a 30 day period.

Must be reliable, honest, and hard working.

We can offer stability not often found in today's job market.

Just a few of the benefits we offer are:

• Paid vacation

• 90% employee paid medical, dental and vision coverage

• 100% employer paid retirement benefits

• Competitive pay scale graduating to \$13.82 per hour

• Safety bonuses and Award Averages

Applicants must be at least 21 years of age, able to lift 50 lbs. and have a valid drivers license. Must be willing to meet all D.O.T. requirements. Interested applicants may apply in person at 1800 Adams, Granite City, IL. For directions please call 314-421-3600 and enter extension 4310.

LAYOUT EDITOR WANTED

The West County Suburban Journal has an opening for a Graphic Artist.

Duties for the full time position include page design and layout, special section composition, image scanning and proofreading. Applicants must possess a demonstrable working knowledge of Photoshop and Quark, and be able to work on both Windows and Macintosh platforms. Knowledge of Freehand and Illustrator a plus.

Please send a resume and clips to: 1714 Deer Tracks Trail, St. Louis MO 63131, in care of Stephanie Clear, West County Journal managing editor.

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Please send a resume and clips to: 1714 Deer Tracks Trail, St. Louis MO 63131, in care of Stephanie Clear, West County Journal managing editor.

Call 618-797-0931 or

apply in person at 5552

Dial Drive, Granite City.

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AUCTION

Prominent Estate held at
Allan Auction Center
2119 St. Louis Ave., Hwy 159
Maryville, IL

All items listed to be sold on 18th
(held indoors in case of rain)

RCA VCR & Video Camera, Ornate Twin Iron Bed, Crochet Matching Bedding, Bedding, Black Wood Iron Bench, Brass Tasseled Loveseat, Wicker Wheelchair (very rare), Lg. Astt. Brass Lamp, Nic Couch, Frigidaire Refrigerator Apt. Size, B & G Dual Fuel Furnace (good condition), Garden Tools, Spreader, Emerson 220 A/C Window (never used in box), Washer & Dryer, Extra Lg. Box Warehouse Fan, Smaller Convection Type Dryer, Electric Fan, Copper Colored Sink, Old Garden Tools, Spreader, Emerson 220 A/C Window (never used in box), Small Ceramic Figurine, Right at Ottie Drug at S. Seminary & Main, go twice.

AUCTION

Doris & Robert Oliver
101 Westminster
Collinsville, IL

Real Estate to be Offered: X RR, All Brick, Walkout Basement, Hardwood Floors, Wrap-around Deck, C/A, Gas Furnace, 1269 sf, lot size 122x62.70 ft. 4-6% 10% down day of sale, remainder due within 30 days.

Open House: Wed., April 21st 6:50-7:30 P.M.

All announcements day of sale take precedence over printed material.

ALLAN AUCTION 344-6203

AUCTION

Est. of Married Eigenthoms, Thurs., April 15, 1999
11:30 AM. Estate Sale, 1030 A.M. Household

STATE OF FRANK E. CANTLON Sat., April 17, 1999
4121 Breckinridge 10:30 A.M. Household Estate
Granite City, IL (off Pontoon Rd) by Dept. 100 Real Estate

TO BE OFFERED: 1-100 5 Room, Bath, New Roof, Fireplaces, New Vinyl Siding & Soffits, lot size 125x225, Taxes \$461, 1148 sf.

VIEWING: CALL FOR APPNT. 344-6203
TERMS: 10% down day of sale, remainder due within 30 days.

2 Motorcycles for Parts, 86 Delta 88, Austin 76 Vega Wagon, 73 Ranchero, 79 Ford for Parts, 54 Oldsmobile, 70 Chevy, 70 Ford, 70 Mercury, 70 Vans, Emerson TV, 30 C.R. Dehumidifier, Recliner, Sound Design Tape/Radio, Exercise Bike, Drift Tubing, 23.6 Side by Side, 1988 Honda 250cc, 1988 Honda 250cc, Almond Gas Stove, Almond Gas Dryer & Washer, Comfort Wood Burner, Steve w/ Chrome Trim, Magic Chef, 1988 Oldsmobile, Oldsmobile Smoker, American Ladder, Lingerie Chest of Drawers, Wood Cabinet, Murray 12 hp 30 Cut Rider (1 yr. old Solar Panel), 1988 Ford, Old Snapper Rider, This is just a partial list!

All announcements day of sale take precedence over printed material.

ALLAN AUCTION 344-6203

AUCTION

ESTATE OF MAXINE PARRISH Sat., April 17, 1999
2404 CENTER GRANITE CITY

(Madison Ave. to 24th St. to Center)

REAL ESTATE to be sold at 12:00 noon is an

attractive 2 story home with 2 car garage, walk-in closet, 2 baths. This cozy home further boasts a brick detached garage, basement & gas heat w/CA. This nice, affordable home would also make a great rental property!

TERMS: 10% down day of auction, balance due in 30 days. OPEN HOUSE: 1 hr. prior on sale day.

OWNER: Estate of Maxine Parrish, Edith Pyle, Executive; Leo Konzen, Attorney

All announcements day of sale precedence over prior advertising.

PRINDABLE'S
AUCTION & REAL ESTATE SERVICES, INC.
JAMES PRINDABLE, C.A.I.
(618) 277-6975

ALLAN AUCTION 344-6203

PARRISH ESTATE AUCTION

SAT., APRIL 24TH AT 10 A.M.

REAL ESTATE: 12:00 NOON

2404 CENTER GRANITE CITY

(Madison Ave. to 24th St. to Center)

REAL ESTATE to be sold at 12:00 noon is an

attractive 2 story home with 2 car garage,

walk-in closet, 2 baths. This cozy home fur-

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All announcements day of sale precedence

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AUCTION

PRINDABLE'S
AUCTION & REAL ESTATE SERVICES, INC.

JAMES PRINDABLE, C.A.I.

(618) 277-6975

NEED TO CLEAR OUT ALL THAT CLUTTER?
THERE'S NEVER BEEN A BETTER TIME FOR A...

**Suburban Journals****Classifieds**

For All Our Advertisers
Who Like To Start Early,
**Here's Our Early
Start Time!**

Fast, helpful, friendly.
Our 7:00 a.m. start means
better service, more convenience.
Try us early and get off to a fast start.

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(800) 766-3278**

Suburban Journals

Classifieds

GARAGE SALE!

Look at all we've got to offer!

Cover Yourself!
\$3.00 Garage Sale
Insurance allows
you to re-run your
ad at no extra
charge if your sale
is rained out!

Prepay for your ad
and receive a
**FREE GARAGE
SALE KIT!**

Includes: 2 signs,
2 balloons, and
5 inventory sheets.
Kits may be picked
up at any of our
local Journal offices.
Ask your sales
representative for
the location
nearest you.

**GARAGE
SALE**



CALL EARLY!
Run a multi-day ad
and receive 15% off
regular rates!

Sunday & Thursday
St. Louis American & Friday
St. Louis Journal & Sunday
a week on our Website at
www.yourjournal.com.

**15%
OFF**

Call
ATTENTION
to your ad with
an EYE-CATCHING
Garage or Yard
Sale logo!

With so many sales
in your area—you
need something to
set yours apart!

CLEAN THE CLUTTER!

Run a 2nd ad for
merchandise you
may not have sold
during your sale
at 15% off as well!

(Ad must be selected within
3 weeks of Garage Sale &
must be for merchandise)

TO PLACE YOUR AD: Call (314) 966-FAST or 1-800-766-FAST Today!
or Fax your ad to (314) 821-3652

Suburban Journals

The source for St. Louis Area Garage Sales.

15% OFF

Easter Seals provide variety of therapies

By Mary J. Schirmer
Correspondent

A sure sign of Spring is Easter Seals arriving in the mail. This year's crop is graceful lilies on a white background.

The tradition of Easter Seals began with the Society of the Blind Children, founded in 1919, used the stickers as a fund-raising tool, said Maureen Cunningham, director of development and marketing for the St. Louis Affiliate. The St. Louis program began in 1927.

The national organization took on the name of Easter Seals Society because of the popularity of the colorful stickers and because that's how the public related to them, Cunningham said.

Each year, in St. Louis, about 3,000 children and their caretakers receive help from the Easter Seal Society, she said.

"We take a family approach so, in addition to helping the child directly, we also teach the parents how to be an advocate for their children and what their child's going to need for their specific needs," Cunningham said.

Referrals come from hospitals, physicians, Head Start, First Step and the

United Way, she said. Word spreads from parent to parent, too.

The Easter Seal Society helps children from birth to 3 who need physical therapy, occupational therapy and developmental assistance. They also offer speech therapy for children from 9 months to 12. Some programs are offered in group settings, some in the children's homes.

Through Easter Seal programs, some disabled children learn computer skills that increase their independence. For example, a child who can't yet speak may learn to touch a computer pad with a word describing his needs.

Even after children leave Easter Seal programs, the staff tries to provide helpful information to parents, Cunningham said. The staff recently becomes involved with the family's life," she said. "It's tremendous."

About 40 percent of support for the Easter Seal Society comes from donations and special events, she said. The rest comes from sales of Easter Seals, the government, fees collected from training classes at the United Way.

For information about the Easter Seal Society or to get Easter Seals, call 776-1996.

News

Annual Book Fair parks in new location

Galleria lot tapped for 50th annual book, record and sheet music sale

By Sonia Ahuja
Staff writer

The Greater St. Louis Book Fair will celebrate its 50th year at a new location.

ST. LOUIS AREA
The book fair will be moved through Monday at the Saint Louis Galleria in Richmond Heights. Proceeds benefit the Nursery Foundation, one of the first local day care centers in the country.

This year's fair features more than 1 million books, records and sheets of music, from classical to rock.

The sale was at West County Center, Manchester Road and Interstate 270, for the last six

years. It had also been at the Famous-Barr store in Clayton from 1961 until it closed in 1991.

The Galleria, at Brentwood Boulevard and Clayton Road, was chosen as this year's site for several reasons, including anticipated renovations to West County Center, said Tracy Dester, co-chairman of this year's fair.

"The Galleria offered us a very central location which is very accessible," Dester said.

The northern half of the lower level of the Galleria parking garage will provide ample space for the 400 tables of books, records and sheet music, Dester said. This year's fair will probably have the largest selection of items thus far.

Last year's event required 320 tables, she said.

Having the event in a parking garage breaks with tradition but Dester believes the trade-off is a good one.

"We will not be exposed to the elements, if it happens to be raining cats and dogs," she said.

An auction at 8 p.m. Thursday in the Galleria's Garden Court will feature rare and unusual items such as a 1907 copy of "Peter Pan in Kensington Gardens," an 1878 edition of Samuel Johnson's "Lives of English Poets," a 1903 edition of "The Frog, the Toad and the Frog," an autographed 1948 biography of Gen. Jonathan Wainwright, and children's

classics by Louisa May Alcott and Jules Verne.

A first edition of Stephen King's "The Shining" will also be available for bidding, as well as a copy you notes written by first lady Jacqueline Kennedy Onassis with her embossed signature.

Admission is free, except for opening night, when \$7 will be charged.

Book fair hours are 10 p.m. Thursday, 10 a.m. to 10 p.m. Friday and Saturday, 11 a.m. to 6 p.m. Sunday.

The fair will be open from 9 to 10 a.m. Saturday for people with physical disabilities.

For more information, call 923-1995.

Proposed fee increases for SIUE presented to trustees

By Dennis Grubaugh
Staff writer

A series of proposed fee increases were presented at Thursday's meeting of the Southern Illinois University

METRO EAST

Board of Trustees in Springfield.

The increases, all for the

fee, from \$90.40 to \$96.15, or 6.4 percent.

The Student Fitness Center fee is from \$45.95 to \$47.20, or 2.7 percent.

The Campus Housing activity fee, from \$12 to \$13, or 8.3 percent (\$7 to \$8 for the summer session).

The meal plan for faculty and single students at Cougar Village Apartments, Woodland Hall and Prairie Hall would go up 3

percent. Group housing rates at Cougar Village would go up 5 percent.

In other news from the board meeting, the project budget for renovation of the Cougar Village Apartment complex was increased from \$13.9 million to \$15.7 million.

The university has awarded contracts for the project, which is expected to begin by the end of May.

2620 APTS./FLATS UNFURNISHED
2bdm gar apt. W/D hook-ups, patio, s/s heat cl. inc. incl. no pets. base apt. \$415.00. 1bdm apt. \$315.00. 1bdm apt. \$265.00. GRANITE CITY, IL. Large clean 1 bd. 1 bath apt. \$315.00. Deposit required. Call 776-1996.

Your journal on. Visit us at www.yourjournal.com

2620 APTS./FLATS UNFURNISHED

N. COLLINSVILLE 2 bdrm apt. S/s heat, cl. inc. incl. no pets. base apt. \$415.00. 1bdm apt. \$315.00. GRANITE CITY, IL. Large 2 & 3 bdrm Apartments & Townhouses. 1bdm apt. \$315.00. 2bdm apt. \$395.00. 3bdm apt. \$495.00. Deposit required. Call 776-1996.

2620 APTS./FLATS UNFURNISHED

Large 2 Bed room, 1,000 s.f. of private living. Stove, Fridge, Dishwasher, Laundry, Central Air Conditioning, Gas Deposits. Cash Paid, Other Storage Areas. \$510.00. 344-5222. Call 344-5222 for Viewing. #343-3302

2620 APTS./FLATS UNFURNISHED

NICE 1BD 1BA BUNGALOW IN TROY, IL. WD Hookup, Trash, Laundry, S/S Heat, Cl. Inc., Pets, \$395.00. Deposit & 1/yr. Lease Required. 667-3254.

2620 APTS./FLATS UNFURNISHED

W.D. MATURE ADULT TO MOVE IN. NICE 1BD 1BA BUNGALOW IN TROY, IL. WD Hookup, Laundry, S/S Heat, Cl. Inc., Pets, \$395.00. Deposit & 1/yr. Lease Required. 667-3254.

2620 APTS./FLATS UNFURNISHED

VERY NICE 1BD 1BA BUNGALOW IN TROY, IL. WD Hookup, Laundry, S/S Heat, Cl. Inc., Pets, \$395.00. Deposit & 1/yr. Lease Required. 667-3254.

2624 NORTH COUNTY UNFURNISHED

LIVE LARGE! PADDOCK VILLAGETM
2BR Townhomes from \$585 L & M Properties 797-0102.

2650 DUPLEXES FOR RENT

FOR RENT 2011 Duplex, Nice neighborhood on Angels Dr. 2bdm, 1ba, \$550.00. \$350.00 plus \$50.00 Deposit. L & M Properties 797-0102.

2650 DUPLEXES FOR RENT

REALLY NICE remodeled 1BD duplex with new carpet and vinyl. Located on a quiet street. Avail. May 1st Credit check. \$450.00 plus \$50.00 deposit. 250 sq ft. 2 beds, 1 bath. \$450.00.

2660 HOUSES FOR RENT

ENRICO 2011 1BD 1BA Duplexes. \$325.00. NO pets. 797-2588 or 797-7973.

Move your Home Into One of our Beautiful Communities

Receive 3 mos. site Rent FREE

- 1 Year Site Rent On Select Homes
- Financing Available
- We Have Accessibility Homes

* YEAR END * CLOSEOUT * We Have New & Pre-Owned Homes

EAST 30 MANUFACTURED HOUSING COMMUNITY & SALES

Glen Carbon, IL 270 North to Exit 12 South - 1 block to Glen Crossing Rd. Go Right

VILLAGE GREEN MANUFACTURED HOUSING COMMUNITY & SALES
Pontoon Beach, IL

I-270 North Exit 1A (Hwy 111) S-10 Pontoon Beach, Go Right On Lake Dr. Go Left.

* FOR DETAILS CALL DAVE OR DEB (618) 288-9222

Century 21 ROYCE REALTY
2023 Johnson Rd., Granite City, IL
618-876-5050
CHOSN THE #1 REAL ESTATE COMPANY - BY GRANITE CITY JOURNAL READERS

OPEN HOUSE • SUN APRIL 18

SUN, APRIL 18, 1999 1-3 PM SPACIOUS 3 BR Ranch with open floor plan on 2 acres. 2 car garage, fireplace, wood burning stove, central air, 2nd floor laundry, large corner lot with huge concrete patio. Newer carpet, newer paint, kitchen, floor, kitchen counter top, bathroom floor. New roof in 1998. Stop by and let BETTYE SMITH show you this beauty!

JUST LISTED!! FULL BRICK RANCH IN NEIGHBORHOOD!! Additional bedroom and bath in basement. Beautiful, updated eat-in kitchen, large corner lot with huge concrete patio. Newer carpet, newer paint, kitchen, floor, kitchen counter top, bathroom floor. New roof in 1998. Stop by and let BETTYE SMITH show you this beauty!

JUST LISTED!! NEAT & CLEAN NEIGHBORHOOD!! 1 1/2 blocks from beautiful schools. Large corner lot with huge concrete patio. Newer carpet, newer paint, kitchen, floor, kitchen counter top, bathroom floor. New roof in 1998. Stop by and let BETTYE SMITH show you this beauty!

JUST LISTED!! CHARMING 2 story home with 3 bedrooms and 2 baths in the heart of Granite City. Remodeled in 1998, also the kitchen floor & dishwasher new. Upstairs has a large play area. Upstairs has a large play area. Investors delight. Madison 141, 900 M-G-1-R.

CHARMING 1 1/2 story home. Upstairs has a large play area. Investors delight. Madison 141, 900 M-G-1-R.

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CHARMING 1 1/2 story home. Upstairs has a large play area. Investors delight. Madison 141, 900 M-G-